

Submitter: Julie Ramos

On Behalf Of:

Committee: House Committee On Behavioral Health and Health Care

Measure, Appointment or Topic: HB2143

Chair , Vice Chairs Nelson and Javadi, and Members of the Committee. My name is Julie Ramos and I am a resident of Portland, Oregon. Although I am currently retired , my professional was mental health therapist. In my practice many of my clients often had difficulty accessing appropriate health care. Although I have health care insurance and good health care, alternative health (chiropractic, acupuncture and massage) care is very limited and costly. When a community acupuncture clinic opened in my neighborhood I am finally able to receive care which assists me in dealing with some chronic health conditions. As health costs escalate and access becomes more difficult, it is important to increase community resources.

I enthusiastically support HB 2143 because it will increase access to folks for acupuncture care. Acupuncture is a valid, effective and important method of health care . 5NP is a safe and effective protocol. HB2143 would make this treatment available to many Oregonians struggling with addiction, stress, and trauma and support the State of Oregon's efforts to increase access to community health resources. Please support Oregon and our communities by voting in favor of HB 2143.