

Submitter: Reynaldo Calaro
On Behalf Of:
Committee: House Committee On Behavioral Health and Health Care
Measure, Appointment or Topic: HB2143

January 28, 2025

Chair Nosse, Vice Chairs Nelson and Javadi, and Members of the Committee,

My name is Dr. Reynaldo D. Calaro, DNAP, CRNA. I provide anesthesia services in many locations around Portland. I am an Assistant Professor of Nursing. I am also a first year student in the Acupuncture Program at POCA Tech, here in Portland, OR.

I have seen Battle field acupuncture work wonders with my Veteran patients. While battle field acupuncture is an auricular form of acupuncture used specifically to treat pain. It does not provide the same benefits as 5NP. 5NP is another safe, effective protocol using other points in the ear. 5NP address behavioral health issues including addiction, mental health and emotional trauma. I believe that 5NP can be beneficial to our Veterans as well as fellow Oregonians that deal with mental health issues and addiction.

The 5NP is a protocol that is easy to learn and teach. It is accessible and a barrier free treatment that can address a wide range of symptoms.

By supporting House Bill 2143, it will allow non-acupuncturist to complete training to become certified acudetox specialists/auricular acupuncture technicians and be able to administer the 5NP treatments. Twenty three states already have legislation in place that allows non-acupuncturist to administer 5NP treatments.

I urge you to support House Bill 2143 to increase access to healthcare.

Thank you,

Dr. Reynaldo D. Calaro, DNAP, CRNA
CRNA Educator
Assistant Professor
POCA Tech Cohort 11