

**January 30, 2025**

**From: Sigrid Kellenter Girdner  
Regarding HB 2143**

**To: Chair Nosse, Vice Chairs Nelson and Javadi, and Members of the Committee.**

My name is Sigrid Kellenter Gardner. I am an 11-year resident of the State of Oregon and have been a patient at the Working Class Acupuncture Clinic - first at the Cully Clinic, now at the North Portland one - since I moved to Portland. I am 87 years old and the acupuncture treatments for various body discomforts and imbalances have kept me healthy and medication-free until now.

Working class Acupuncture Clinics were not available in New York State, where I lived before, and treatments were very expensive and unaffordable for a more regular health maintenance. I can hardly express well enough how grateful I am for the expert help I am receiving here.

Personally, I do not suffer from addictions and need treatments for alcoholism, substance abuse, trauma, or chemical dependency. But I have family members and friends who do and who suffer and who would be helped immensely and affordably if 5NP were available. I feel very passionately about the need for its implementation and am writing to you in strong support of Oregon House Bill 2143. We need all the help and all the safe and life-saving treatments possible for the growing number of those in need of detoxification.

I sincerely urge you to vote in favor of HB 2143.

Sigrid Kellenter Girdner