January 30, 2025 Written by Sunflower Fields Regarding HB 2143

Chair Nosse, Vice Chairs Nelson and Javadi, and Members of the Committee,

My name is Sunflower Fields. I am a licensed cosmetologist through Oregon Health Authority and an OLCC-licensed recreational marijuana professional with years of experience serving the Portland community. I struggled with alcohol for many years in my 20s, but I've managed to be sober for the last 5 years.

I first experienced 5NP a few years ago from an acupuncturist in Portland. It was quick, painless, accessible, and immediately made me feel relaxed, comforted, and the wildest part is I didn't feel like I needed to hit my vape for about twice as long as normal. I can't imagine what a game changer this would have been when I was trying to quit alcohol.

This protocol offers an alternative route to the relief people seek when turning to alcohol. It could be the difference in someone accessing community support or facing the effects of desperation alone. I'm professionally licensed in Oregon to oversee safe use of addictive substances and I believe without a doubt that this medicine will continue to support our community's health and safety.

5NP is a safe and effective protocol. HB2143 would make this treatment available to many Oregonians struggling with addiction, stress, and trauma and support the State of Oregon's efforts to increase access to community health resources. Please support Oregon and our communities by voting in favor of HB 2143.

Thank you.