	Color Key:	Blue: Current requirements consistent with SB 710	Yellow: Not in current regulation, but not approved by training programs	Orange: Not in current regulation and will be new requirement or allowance under SB 710			
Tab	Federal Regulations/CFR prior to SB 710	DHS OAR prior to SB 710	OHA OAR prior to SB 710	ODDS Regulations, prior to SB 710	SB 710	SCIP/SAIP prior to SB 710	SCIP/SAIP with SB 710
Applicability	THIS APPLIES TO TRILLIUM, LOOKING GLASS, JASPER MOUNTAIN and ALBERTINA KERRApplies to any Medicaid reimbursed Psychiatric Residential Treatment Facility, other than a hospital, that provides psychiatric services in an inpatient setting"Inpatient" refers to the expectation that the youth	Applies to ALL Child Caring Agencies licensed by the Office of Children's Care and Licensing within DHS	Applies to addictions and mental health providers approved by OHA to operate under an Intensive Treatment Services (ITS) certificate or an Integrated License/ISPR program or license. ITS means the range of services in the system of care comprised of Psychiatric Residential Treatment facilities and Psychiatric Day Treatment Services, or other services as determined by the Division that	Applies to 24 hour residential services for children with Intellectual and Developmental Disabilities licensed by ODDS. Does not include DD foster care.	Applies to all Child Caring Agencies and ODDS Children's Programs (Note: OHA regulations are applicable because many ITS programs are also Child Caring Agencies)	Secure Children's Inpatient Program and Secure Adolescent Inpatient Program. This is the state hospital level of care currently contracted with Trillium	Secure Children's Inpatient Program and Secure Adolescent Inpatient Program. This is the state hospital level of care currently contracted with Trillium Youth

	will remain at least overnight and occupy a bed for the purpose of receiving treatment services Facility must submit written attestation of compliance to CMS annually, signed by director of facility.		provide active psychiatric treatment for children with severe emotional disorders and their families.			Youth and Family Services	and Family Services
Tab	Federal Regulations/CFR prior to SB 710	DHS OAR prior to SB 710	OHA OAR prior to SB 710	ODDS Regulations, prior to SB 710	SB 710	SCIP/SAIP prior to SB 710	SCIP/SAIP with SB 710
Threshold for restraint	42 CFR 483.356 (a) (3) (i) "Restraint or seclusion must not result in harm or injury to the resident and must be used only to ensure the safety of the resident or others during an emergency safety situation ." Definition of Emergency Safety Situation: 42 CFR 483.352	"To protect the child in care or others from injury when no alternate actions are sufficient to manage the child in care's behavior." OAR 413- 215-0076 (3) (d)(A)	"Personal restraint or seclusion shall be used only in an emergency safety situation to prevent immediate injury to an individual who is in danger of physically harming himself or herself or others in situations, such as the occurrence of or serious threat of violence, personal injury, or attempted suicide" (OAR 309-022-0175)	"Imminent risk of harm to the individual or others or when the individual's behavior has a probability of leading to engagement with the legal or justice system and only as a measure of last resort."	When child's behavior poses reasonable risk of imminent serious bodily injury to the child or others and less restrictive interventions would not effectively reduce that risk	Federal regulations, OHA regulations and DHS regulations all apply	Federal regulations, OHA regulations and DHS regulations all apply

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	"Emergency safety	"Only when		OAR 411-325-			
	situation means	physical		0350 (3)			
	unanticipated resident	restraint is					
	behavior that places the	necessary as					
	resident or others at	a last resort					
	serious threat of violence	to prevent a					
	or injury if no intervention	child in care					
	occurs and that calls for an	from					
	emergency safety	inflicting					
	intervention as defined in	harm to self					
	this section."	or others"					
		OAR 413-					
		215-0076 (3)					
		(d)(B)					
Tab	Federal Regulations/CFR	DHS OAR	OHA OAR	ODDS Regulations, Current	IF SB 710 is signed into law	SCIP/SAIP Current	SCIP/SAIP if SB 710 is signed into law
Length of restraint	"Only until the emergency safety situation has ceased and the resident's safety and the safety of others can be ensured, even if the restraint or seclusion order has not expired." 42 CFR 483.356 (a)(3) (ii)	Only as long as imminent risk persists	"Only for the length of time necessary for the individual to resume self-control and prevent harm to the individual or others, even if the order for seclusion or personal restraint has not expired" OAR 309-022-0175 (1) (d)	"Only for as long as the situation presents imminent danger to the health or safety of the individual or others."	Only for as long as child in care's behavior poses reasonable risk of imminent serious bodily injury	Federal regulations, OHA regulations and DHS regulations all apply	Federal regulations, OHA regulations and DHS regulations all apply

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Restraint for discipline or convenience	Prohibited. 42 CFR 482.356 (a) (1) "Each resident has the right to be free from restraint or seclusion, of any form, used as a means of coercion, discipline, convenience or retaliation"	Prohibited, OAR 413- 215-0076 (1)(b)(F)		Prohibited. OAR 411-325- 0350 (3) (b) (D), (E) , (J) and (K)	Prohibited	Prohibited. Federal regulations, OHA regulations and DHS regulations all apply	Prohibited. Federal regulations, OHA regulations and DHS regulations all apply
Tab	Federal Regulations/CFR prior to SB 710	DHS OAR prior to SB 710	OHA OAR prior to SB 710	ODDS Regulations, Prior to SB 710	SB 710	SCIP/SAIP, Prior to SB 710	SCIP/SAIP with SB 710
Written order by licensed practitioner or CESIS required	Required. 42 CFR 483.358 (a) "Orders for restraint or seclusion must be by a physician or other licensed practitioner permitted by the State and the facility to order restraint or seclusion and trained in the use of emergency safety interventions." (Further detail in CFR) 42 CFR 483.356 (a) (2) "An order for restraint or	Only if required by other state or federal law or regulation	Required. OAR 309-022-0175 (2) Also, "An order for personal restraint or seclusion may not be written as a standing order or on an as needed basis." OAR 309-022-0175 (1) (e)	Must be in ISP or behavior support plan developed in accordance with OAR 411- 415-0070	Required only in SCIP/SAIP for supine restraint and restraints using solid object, including wall or floor, to immobilize a child	Required. Federal regulations, OHA regulations and DHS regulations all apply	Required. Federal regulations, OHA regulations and DHS regulations all apply

Tab	seclusion must not be written as a standing order or on an as-needed basis" Federal Regulations/CFR prior to SB 710	DHS OAR prior to SB 710	OHA OAR prior to SB 710	ODDS Regulations, Prior to SB 710	IF SB 710 is signed into law	SCIP/SAIP Prior to SB 710	SCIP/SAIP if SB 710 is signed into law
Medical practitioner, QMHP or CESIS trained in restraint continuously monitors restraint and physical and psychological well being of child at all times while restraint is used	Required. 42 CFR 483.362 (a) "Clinical staff trained in the use of emergency safety interventions must be physically present, continually assessing and monitoring the physical and psychological well-being of the resident and the safe use of restraint throughout the duration of the emergency safety intervention."	Only as required by other state or federal law or regulation			Required only in SCIP/SAIP for supine restraint and restraints using solid object, including wall or floor, to immobilize a child	Required. Federal regulations, OHA regulations and DHS regulations all apply	Required. Federal regulations, OHA regulations and DHS regulations all apply

Program staff trained in use of restraint continuously monitors child in care for duration of restraint	Required. 42 CFR 483.362 (a)	Only as required by other state or federal law or regulation	Required. OAR 309-022-0175 (2) (d)		Required in all CCA's and kids' DD programs	Required. Federal regulations, OHA regulations and DHS regulations all apply	Required. Federal regulations, OHA regulations and DHS regulations all apply
Tab	Federal Regulations/CFR prior to SB 710	DHS OAR prior to SB 710	OHA OAR prior to SB 710	ODDS Regulations, prior to SB 710	SB 710	SCIP/SAIP prior to SB 710	SCIP/SAIP with SB 710 is
CPR Trained personnel present	Required. 42 CFR 483.376 (b)	Required OAR 413- 215-0371 (3) OAR 413- 215-0556 (3) OAR 413- 215-0656 (3) OAR 413- 215-0726 (1) (i) and (3) OAR 413- 215-0956 (6)	Federal regulations apply	Required. OAR 411-323- 0050 (7)	Only required in SCIP/SAIP for supine restraint and restraints using solid object, including wall or floor, to immobilize a child	Required. Federal regulations, OHA regulations and DHS regulations all apply	Required. Federal regulations, OHA regulations and DHS regulations all apply

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		OAR 413- 215-0966 (3) (d) (D)					
Child evaluated by licensed practitioner for physical, psychological and emotional well being immediately after restraint; documented in writing	Required. 42 CFR 483.358 (f) AND 42 CFR 483.362 (c) "A physician or other licensed practitioner permitted by the state and the facility to evaluate the resident's well-being and trained in the use of emergency safety interventions, must evaluate the resident's well-being immediately after the restraint is removed."	As required by state or federal regulation	Required. OAR 309-022-0175 (2) (e)		Only required in SCIP/SAIP for supine restraint and restraints using solid object, including wall or floor, to immobilize a child	Required. Federal regulations, OHA regulations and DHS regulations all apply	Required. Federal regulations, OHA regulations and DHS regulations all apply
Tab	Federal Regulations/CFR prior to SB 710	DHS OAR prior to SB 710	OHA OAR prior to SB 710	ODDS Regulations, prior to SB 710	SB 710	SCIP/SAIP prior to SB 710	SCIP/SAIP with SB 710 is

Only trained personnel may apply restraint	Required. 42 CFR 483.376 (e) "Staff must be trained and demonstrate competency before participating in an emergency safety intervention."	Required OAR 413- 215-0076 (3) (d)(B)	Required. OAR 309-022-0175 (2) (c)	Required. OAR 411-304- 0160	Required in all CCA's and kids' DD programs	Required. Federal regulations, OHA regulations and DHS regulations all apply	Required. Federal regulations, OHA regulations and DHS regulations all apply
Provision	Federal Regulations/CFR prior to SB 710	DHS OAR prior to SB 710	OHA OAR prior to SB 710	ODDS Regulations, prior to SB 710	SB 710	SCIP/SAIP prior to SB 710	SCIP/SAIP with SB 710 is
Training must be approved by DHS or OHA		Required OAR 413- 215-0076 (3)(b)(A) OAR 413- 215-0076 (3) (d)(B)	Required. OAR 309-022-0105 (28)	Required OAR 411-304- 0160	Required in all CCA's and kids' DD programs	Required. Federal regulations, OHA regulations and DHS regulations all apply	Required. Federal regulations, OHA regulations and DHS regulations all apply

Certification required	Required. 42 CFR 483.376 (g) "The facility must document in the staff personnel records that the training and demonstration of competency were successfully completed. Documentation must include the date training was completed and the name of the persons certifying the completion of training"	Training required by approved program but certification not addressed in rule	Training required by approved program but certification not addressed in rule	Required OAR 411-304- 0160	Required in all CCA's and kids' DD programs after 7/1/22	Required. Federal regulations, OHA regulations and DHS regulations all apply	Required. Federal regulations, OHA regulations and DHS regulations all apply
Provision	Federal Regulations/CFR prior to SB 710	DHS OAR prior to SB 710	OHA OAR prior to SB 710	ODDS Regulations, prior to SB 710	SB 710	SCIP/SAIP prior to SB 710	SCIP/SAIP with SB 710 is
Restraint is performed in manner that is safe, proportionate and appropriate, taking into	Required. 42 CFR 483.356 (b) "An emergency safety intervention must be performed in a manner that				Required in all CCA's and kids' DD programs	Required. Federal regulations, OHA regulations and	Required. Federal regulations, OHA regulations and

consideration the child in care's chronological and developmental age, size, gender identity, physical, medical and psychiatric condition and personal history, including any history of sexual abuse	is safe, proportionate, and appropriate to the severity of the behavior and the resident's chronological and developmental age; size; gender; physical, medical and psychiatric condition; and personal history (including any history of physical or sexual abuse)"					DHS regulations all apply	DHS regulations all apply
Provision	Federal Regulations/CFR prior to SB 710	DHS OAR prior to SB 710	OHA OAR prior to SB 710	ODDS Regulations, prior to SB 710	SB 710	SCIP/SAIP prior to SB 710	SCIP/SAIP with SB 710 is
Mechanical restraint		Prohibited. OAR 413- 215-0076 (3)(b) (C) (ii)	Prohibited. OAR 309-022-0170 (4)	Prohibited OAR 411-325- 0350 (3)	Prohibited in all CCA's and kids' DD programs	Prohibited. Federal regulations, OHA regulations and DHS regulations all apply	Prohibited, Federal regulations, OHA regulations and DHS regulations all apply

Chemical restraint		Prohibited. OAR 413- 215-0076 (3)(b) (C) (i) OAR 413- 215-0551 (2) OAR 413- 215-0651 (2)	Prohibited. OAR 309-022-0170 (4)	Prohibited. OAR 411-325- 0120 (3)(d)	Prohibited in all CCA's and kids' DD programs	Prohibited. Federal regulations, OHA regulations and DHS regulations all apply	Prohibited. Federal regulations, OHA regulations and DHS regulations all apply
Provision	Federal Regulations/CFR prior to SB 710	DHS OAR prior to SB 710	OHA OAR prior to SB 710	ODDS Regulations, prior to SB 710	SB 710	SCIP/SAIP prior to SB 710	SCIP/SAIP with SB 710 is
Prone restraint **		Not approved restraint technique under MOST training programs	Not approved restraint technique under MOST training programs	Prohibited. OAR 411-325- 0350 (3) (H)	Prohibited	Not approved restraint technique under MOST training programs	Not approved restraint technique under MOST training programs
Supine restraint **		Not approved restraint technique	Not approved restraint technique under MOST training programs	Prohibited.	Prohibited except in SCIP/SAIP	Not approved restraint technique	Not approved restraint technique

under MOST OAR 411-325under MOST under MOST training 0350 (3) (H) training training programs programs programs Nonincidental use Not approved Not approved restraint Not approved Prohibited Not approved Not approved of solid object to restraint technique under any currently restraint except to take restraint restraint impede child's technique technique control of a technique technique approved training program movement ** under any under any weapon or in under any under any currently currently SCIP/SAIP currently currently approved approved approved approved training training training training program program program program Federal Regulations/CFR **SCIP/SAIP** prior SCIP/SAIP with Provision DHS OAR OHA OAR prior to SB 710 ODDS SB 710 to SB 710 SB 710 is prior to SB 710 prior to SB **Regulations**, 710 prior to SB 710 Pressure on child's Not approved Not approved restraint Not approved Prohibited in all Not approved Not approved neck or throat restraint technique under any currently intervention CCA's and kids' restraint restraint technique per OIS technique approved training program DD programs technique under any under any under any currently currently currently approved approved approved training training training program program program Pressure on child's Not approved Not approved restraint Not approved Prohibited in all Not approved Not approved mouth restraint technique under any currently intervention CCA's and kids' restraint restraint technique approved training program per OIS DD programs technique technique under any under any under any

Comparison of Current State and Federal Regulations of Restraint in Oregon Child Caring Agencies and ODDS Kids' 24 Hour Programs					
Prepared by Senator Sara Gelser July 2, 2021					

		currently approved training program				currently approved training program	currently approved training program
Impeding or creating risk of impeding child's breathing		Not approved restraint technique under any currently approved training program	Not approved restraint technique under any currently approved training program	Not approved intervention per OIS	Prohibited in all CCA's and kids' DD programs	Not approved restraint technique under any currently approved training program	Not approved restraint technique under any currently approved training program
Provision	Federal Regulations/CFR	DHS OAR	OHA OAR prior to SB 710	ODDS	SB 710	SCIP/SAIP prior	SCIP/SAIP with
	prior to SB 710	prior to SB 710		Regulations, prior to SB 710		to SB 710	SB 710 is

Pressure placed on child's stomach, chest, joints, throat or back by a knee, foot or elbow		Not approved restraint technique under any currently approved training program	Not approved restraint technique under any currently approved training program	Not approved intervention per OIS	Prohibited in all CCA's and kids' DD programs	Not approved restraint technique under any currently approved training program	Not approved restraint technique under any currently approved training program
Purposeful infliction of pain		Prohibited. OAR 413- 215-0076 (1) (b)(J) and	Not approved technique under any currently approved training program	Prohibited. OAR 411-325- 0350 (3) (I)	Prohibited in all CCA's and kids' DD programs	Prohibited. Federal regulations, OHA regulations and DHS regulations all apply	Prohibited Federal regulations, OHA regulations and DHS regulations all apply
Provision	Federal Regulations/CFR prior to SB 710	DHS OAR prior to SB 710	OHA OAR prior to SB 710	ODDS Regulations, prior to SB 710	SB 710	SCIP/SAIP prior to SB 710	SCIP/SAIP with SB 710 is
Escorting child without force permitted without training or reporting		Reporting and training currently required	OAR 309-022-0105 (67) "Personal restraint does not include briefly holding without undue force an individual to calm or comfort him or her or holding an individual's hand to	Currently requires training and reporting	Permitted in all CCA's and kids' DD programs without training and reporting		

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			safely escort him or her from one area to another"				
Manually assisting child to complete task permitted without training or reporting		Reporting and training currently required		Currently requires training and reporting	Permitted in all CCA's and kids' DD programs	Currently requires training and reporting	Currently requires training and reporting
Intervention to break up a fight or protect person from assault, serious bodily injury or sexual contact without training					Permitted in all CCA's and kids' DD programs without training		
Program must maintain record of each restraint leading to reportable injury	Required. 42 CFR 483.358 (h) and (i) AND 42 CFR 483.372 (c)	Required OAR 413- 215-0396 (3) (f) OAR 413- 215-0581 (3) (f) OAR 413- 215-0681 (3) (f)	Required. OAR 309-022-0145 (5) (i) and (m)		Required of all CCA's and kids' DD programs	Required. Federal regulations, OHA regulations and DHS regulations all apply	Required. Federal regulations, OHA regulations and DHS regulations all apply

		OAR 413- 215-0976 (4) (a) OAR 413- 215-1001 (3)					
Program notifies parties of each incident of restraint	Required. 42 CFR 483.366 Also, 42 CFR 483.374 requires notification to Disability Rights Oregon in cases of serious injury, death or suicide attempt.	Required OAR 413- 215-0076 (3) (d)(C) and (D)and (F)	Federal law applies	Required. OAR 411-323- 0063 (3) (a) OAR 411-323- 0063 (6)	Required of all CCA's and kids' DD programs	Required. Federal regulations, OHA regulations and DHS regulations all apply	Required. Federal regulations, OHA regulations and DHS regulations all apply
Provide DHS with all records, including available audio/video, when child is injured in restraint		Required OAR 413- 215-0076 (3) (d)(F)			Required of all CCA's and kids' DD programs	Required. DHS regulations apply.	Required. DHS regulations apply.
Serious bodily injury or death of staff occurs related to restraint, DHS must be notified in					Required of all CCA's and kids' DD programs		

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writing within 24 hours						
Quarterly report with aggregate data from each program regarding use of restraint/seclusion			OAR 309-022-0170 (5) (f)	Required of all CCA's and kids' DD programs, exceptions for small programs to protect confidentiality	Required by OAR 309-022- 0170 (5) (f)	Required by OAR 309-022- 0170 (5) (f)
DHS quarterly reports on aggregate data regarding use of restraint and seclusion				Required		
Notification to child in care regarding use of restraint and reporting options	Required. 42 CFR 483.356 (c)	No, but bill of rights and description of discipline and behavior management policy is required	Required. Federal regulations apply.	Required of all CCA's and kids' DD programs	Required. Federal regulations apply.	Required. Federal regulations apply.

** Definitions:

Prone Restraint:

• Child held face down on floor, generally by multiple adults, with arms, legs, hands, feet and head immobilized.

Supine Restraint:

• Child held face up on floor, generally by multiple adults, with arms, legs, hands, feet and head immobilized.

Nonincidental use of solid object to immobilize child:

- *Intentional* use of an object to apply pressure to a child.
- **DOES NOT** include incidental pressure caused by loss of balance or fall to floor
- **DOES NOT** include gravity. For instance, a staff can sit on a sofa, chair or floor with child beside them or on their lap
- **DOES NOT** prohibit staff from using wall or furniture to stabilize themselves or for personal balance

• DOES NOT prohibit an approved intervention where staff and child are leaning against the wall side by side for support

- The nonincidental use of solid object to immobilize a child occurs when a child is held against the floor, wall or furniture. The child is between the staff and the object. It does not include situations where the staff is between the child and the wall or furniture.
- This same language is in statute for public schools. The implementing rule reads: "Notwithstanding paragraph (a)(E)(i) of this subsection, the use of a solid object, including a piece of furniture, a wall, or the floor, by public education program personnel performing a restraint is not prohibited if the object is used for the personnel's own stability or support while performing the restraint and not as a mechanism to apply pressure directly to the student's body;"

Note: Text highlighted in yellow was added in January 2024

SB 710 does not prohibit any of the restraints outlined in this reference guide nor does it prohibit a number of others. -https://www.wcpss.net/cms/lib/NC01911451/Centricity/Domain/107/Explanation%20of%20Seclusion%20Restraint.pdf

However, no restraint is permitted to be imposed by a person who is not certified to impose that restraint which is a rule that existed prior to SB 710 and is common to restraint regulations in every setting (schools, health care facilities, residential programs, juvenile justice programs, memory care facilities, etc) across the U.S.

Also important to note is that SB 710 provides some clarity regarding hands on activities that are NOT restraints in order to reduce some reporting and provide better data. For instance, hand over hand assistance to a child during an activity, or holding a child's hand or placing a hand on a shoulder without using force or controlling the child's movement is not a restraint that needs to be reported or requires under SB 710.

Supine and Prone Restraint:

Most programs teaching physical interventions no longer teach prone and supine restraint because of the dangers they pose to children and to staff. This is a rather out of date table, created in 2016 by a collaboration of university researchers. Since publication, more programs have stopped teaching prone and/or supine restraint. Prepared by Senator Sara Gelser July 2, 2021

Restraint Procedures Taught							
	Types of	Physical	Basket Hold	Prone Floor	Supine Floor		
Training Program Name	Restraints (#)	Escorts	Restraint	Restraint	Restraint		
Calm Every Storm	3	Yes	No	No	No		
MOAB	20	Yes	Yes	Yes	Yes		
Nonviolent Crisis Intervention® program	8	Yes	No	No	No		
OIS	2	Yes	No	No	No		
РМТ	10	Yes	Yes	No	Yes		
Pro-ACT®	5	Yes	No	Yes	Yes		
Professional Crisis Management	25	Yes	No	Yes	Yes		
Response	2	No	No	No	No		
RIGHT RESPONSE	27	Yes	No	Yes	No		
Safe & Positive Approaches®	12	Yes	No	No	Yes		
Safe Crisis Management	15	Yes	No	Yes	Yes		
Safe Prevention Principles and Techniques	8	Yes	No	Yes	—		
Safety-Care	7	Yes	No	Yes	Yes		
SAMA	6	Yes	Yes	No	No		
The Mandt System	4	Yes	No	No	No		
TACT2	4	Yes	Yes	No	Yes		
Therapeutic Crisis Intervention	5	No	No	Yes	Yes		

Oregon currently approves EIGHT programs for training for physical interventions in residential programs for children. These are:

- Oregon Intervention System (OIS)
- Aegis
- Life Space
- Mandt

- Right Response
- CPI (Crisis Prevention Institute)
- TCI (Therapeutic Crisis Intervention)
- ProAct

ProAct is the only program that teaches prone and supine restraint without restriction.

CPI has updated its training. While it currently teaches staff how to support a child when the intervention starts on the floor, the focus is getting off of the floor. Pressure is upwards and OUT of the floor position. They no longer train staff to "take down" kids from a standing or seated position to a floor position. Further, they only teach these methods to their advanced course students. CPI reports they may be renaming their training to better reflect they are not teaching prone or supine holds, but rather how to safely transition a child out of the dangerous floor position to a safer upright position when the intervention begins on the floor or the pair fall to the floor.

TCI's philosophy strictly limits the use of physical restraints to emergency situations and it does not recommend the use of prone or supine restraints for younger children.

Note: Highlighted text added in January, 2024:

The programs approved by ODHS under SB 710 were CPI, Mandt and Oregon Intervention Systems (OIS).