

Grief can be  
lonely, but you  
don't have to  
be **alone.**

**Rheagan, 7**  
*Dougy Center  
participant*

**here.now.**

THE CAMPAIGN FOR DOUGY CENTER WEST

# Why build?



**We know grief.** Dougy Center provides support in a safe place where children, teens, young adults, and families who are grieving can share their experiences before and after a death. We also provide support and training locally, nationally, and internationally to individuals and organizations seeking to assist children who are grieving.

Childhood bereavement is a critical public health issue and an increasingly important national priority. The death of a parent, sibling, or other important person in a child's life is one of the most frequently reported disruptive childhood experiences and without support, can lead to adverse health and welfare outcomes.

**Our top priority is to reach more children who are grieving who desperately need our services.**

## Our vision for Dougy Center West

New Permanent Home  
on the Westside

14,000 SF Building  
near Public  
Transportation

Our Renowned Music,  
Art, Big Energy,  
Volcano Rooms

National Training Center  
& Recording Studio

Indoor/outdoor  
Play Area

Spacious Parking Lot  
for Families

## Our campaign goals

**\$12.5M**

Campaign Working Goal

**\$9.8M**

Dougy Center West

**\$1M**

Catalyst Fund

**\$200K**

Eastside Campus Upgrades

**\$1.5M**

Campaign Costs

**30 months**



Support for people who are grieving

# Dougy Center's Impact

People served through **peer grief support groups**



**2024: 2,733**

**2014: 1,729**

**2004: 696**



**183,881**

**Grief Out Loud**

podcast episodes  
downloaded in 2024.  
Visit [dougycenter.org/podcast](https://dougycenter.org/podcast)  
to listen

**324,245**

people from  
**194 countries**  
found support and  
free resources on  
[dougycenter.org](https://dougycenter.org) in 2024



**Information, crisis, referral, and intake requests**  
answered by Dougy Center Program staff

**2024: 25,056**

**2014: 7,489**

**2004: 1,393**



**Volunteer Support**

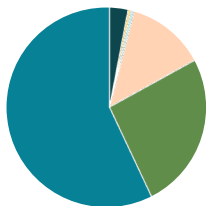
**27,954 = \$936,145**

**volunteer hours  
contributed  
in 2024**

**donation  
value**  
*source: Independent Sector*

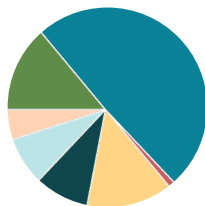
## Grief Support Groups

**Person Who Died:**



- Father: 62%
- Mother: 21%
- Sibling: 14%
- Grandparent: 2%
- Close Friend/  
Partner: >1%
- Other >1%

**Cause of Death:**



- Illness/Medical  
(non COVID): 49%
- Suicide: 14%
- Accident: 14%
- Substance Use: 9%
- Homicide: 8%
- Unknown: 5%
- COVID-19: >1%

In 2024, the **L.Y.G.H.T. program** was accessed

**239 times**  
by youth in foster care;  
**100%** of youth  
would recommend  
L.Y.G.H.T. to their peers



## The Need for Dougy Center in the Portland Metro Area



An average of  
**118 kids  
and 91 adults**

were on the waiting list to get into a  
Dougy Center grief support group

**31%** of Dougy Center  
families report they live  
below the poverty level

Cost to families for  
groups, resources,  
and support **= \$0**



**1 in 12**

youth in the United States  
will experience the death of a  
parent or sibling by age 18

*source: Childhood Bereavement  
Estimation Model (CBEM)*



**For more information or to get involved contact:**

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[dougycenter.org](https://dougycenter.org)



I don't attend grief group  
because my mom died.  
I attend grief group  
because your mom  
didn't.



Adam, 16  
Doug Center  
participant