Alcohol and Drug Policy Commission Development of the 2026-2030 Comprehensive SUD Plan for Oregon





YOUTH SUD 12-17 10% --- 30,000 young people

YOUTH SUD 18-25 34% --- 140,000 young people

PERCEPTIONS FROM STUDENT HEALTH SURVEY (2022)

- 31% of 8th graders and 25% of 11th graders perceive no or only slight risk of harm w/r/t binge drinking
- 32% of 8th graders and 45% of 11th graders perceive no or only slight risk of harm w/r/t regular marijuana use

Inequities related to youth use, perceptions of harm and deaths in adults

Data is limited: Historical SHS and OHT suggests some statewide inequities related to cannabis use and binge drinking among youth, and at a population level we know that substance use related death disproportionately impacts Black/African American and American Indian Alaska Native Oregonians.



do not use evidence-based prevention curricula or programs at any grade level

62 Certified Prevention Specialists

Total number of certified and trained professionals - a gap of 906 prevention professionals throughout state

Gaps in Assessment & Infrastructure

- Lack of uniformity in collection of data on "prevention" programming and workforce
- Siloed/fractured funding streams and programmatic function/purpose making less clear impact.
- Limited shared, cross-sector outcomes measures.
- Limited/anecdotal data on workforce (cps/non-cps) competencies/needs.
- Lack of detailed study of communities experiencing inequities & prevention programs aiming to address inequities.
- Education: Lack of uniform assessment in Higher Ed -- lack of capacity/uniform data collection and analysis in K-12.

Literature says:

- 90% of Adult Substance Use Disorder Starts in Youth
- Likelihood of lifetime SUD decreases with every year of delayed initiation.
- 90% of youth w/SUD engaged in school

What can we achieve in 5 years

	Foundation	Foundational Process (maybe 2025 session)	Clarifying statutes/regulations, studies, and fiscal strategies to prioritize and fill gaps in the delivery of primary prevention services.
		Establish Prevention Center of Excellence	A one-stop shop, providing partners with access to data, evaluation tools, training, workforce development and culturally responsive TA.
		Expand access to primary prevention activities in K-12 schools	Increase the availability and use of evidence-based, culturally responsive prevention programs in schools: sustained funding, assessment, TA, and accountability structures.
		Expand access to primary prevention programs and strategies in Higher Ed	Increase access to evidence-based and culturally responsive prevention strategies across Oregon's diverse postsecondary institutions.
	,	Expand Community-Based Prevention	Efforts focused on young children (0-5), transition-aged youth/young adults, and families.