

IMPACT OF CANNABIS ON OREGON YOUTH



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RISK AND PROTECTIVE FACTORS

Individual Risk

High impulsivity, emotional regulation impairment, psychiatric disorders, previous e-cigarette exposure, **low perceived risk**, high perceived drug accessibility

Individual Protective

Traits of optimism, having strong beliefs against substance use, **high parental awareness of substance use disorder**

Family Risk

Prenatal maternal smoking, low parental education, negligence, **poor supervision**, uncontrolled pocket money, and the presence of substance-using family members

Family Protective

Parents with good information and awareness about drug use, parental support and advice, evidence of **strong parental disapproval**

Community risk

Having peers who use drugs, **access to unstructured activities**.
Lack of regulation in advertising/promoting cannabis

Community Protective

School connectedness and adult support, structured activities (**Recovery High Schools**)
Policies to prohibit marketing to minors



THE 3 BIG TAKEAWAYS

That will improve outcomes

#1 PARENTAL ATTITUDES

Clear disapproval of substance use

#2 PEER CONNECTIONS

School and structured activities that reinforce recovery (Recovery High Schools)

#3 POLICIES THAT MAKE SENSE

THANKS

Any questions?

Additional Resources:

- ▶ **Risk and protective factors of drug abuse among adolescents: a systematic review:**
<https://bmcpublichealth.biomedcentral.com/articles/10.1186/s12889-021-11906-2>
- ▶ **Medical Marijuana Legalization and Marijuana Use Among Youth in Oregon:**
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5474164/>
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