

Boost Oregon is an independent nonprofit organization. We envision a world where people's health decisions are rooted in science.

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## 2025 Programs & Services

Navigating Vaccine Conversations: The Motivational Interviewing Approach



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OUR

Vaccine Conversations: Navigating Concerns Together

VOICES









Providers receive extensive training on vaccine science, but minimal training on effective vaccine communication.

Boost Oregon can fill that gap.



## **Motivational Interviewing**

Our focus is on teaching collaborative communication skills to guide behavior and foster confident decisions regarding immunization.

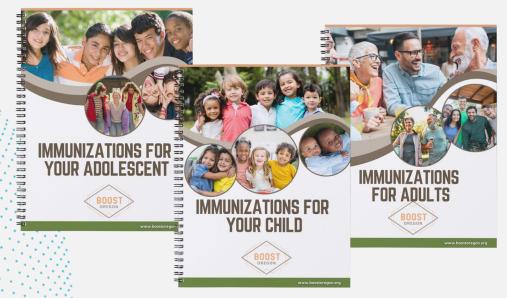
Boost Oregon's approach is modeled on the use of Motivational Interviewing (MI) - an evidence-based approach strategy that guides behavior change instead of relying on attempting to persuade and convince.

**"MOTIVATIONAL INTERVIEWING PROVIDES A COMPASSIONATE,** NON-JUDGMENTAL SPACE WHERE INDIVIDUALS CAN EXPLORE THEIR **CONCERNS AND MOTIVATIONS, EMPOWERING THEM TO MAKE INFORMED** DECISIONS ABOUT THEIR HEALTH. - WILLIAM MILLER. **CO-FOUNDER OF MOTIVATIONAL INTERVIEWING** Empowering Conversation

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## Multilingual Resources

- Digital, print and animated videos in English, Spanish, Ukrainian, Russian, and Vietnamese.
- Resources to support healthcare providers and advocates.
- Training to develop skills to support effective vaccine conversations.





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