

Grief can be lonely, but you don't have to be **alone.**

Rheagan Brown, Age 7
Dougy Center participant



here.now.
THE CAMPAIGN FOR DOUGY CENTER WEST

Why build?



We know grief. Dougy Center provides support in a safe place where children, teens, young adults, and families who are grieving can share their experiences before and after a death. We also provide support and training locally, nationally, and internationally to individuals and organizations seeking to assist children who are grieving.

Childhood bereavement is a critical public health issue and an increasingly important national priority. The death of a parent, sibling, or other important person in a child's life is one of the most frequently reported disruptive childhood experiences and without support, can lead to adverse health and welfare outcomes.

Our top priority is to reach more children who are grieving who desperately need our services.

Our vision for Dougy Center West

New Permanent Home
on the Westside

14,000 SF Building
near Public
Transportation

Our Renowned Music,
Art, Big Energy,
Volcano Rooms

National Training Center
& Recording Studio

Indoor/outdoor
Play Area

Spacious Parking Lot
for Families

Our campaign goals

\$12.5M

Campaign Working Goal

\$9.8M

Dougy Center West

\$1M

Catalyst Fund

\$200K

Eastside Campus Upgrades

\$1.5M

Campaign Costs

30 months



Support for people who are grieving

Dougy Center's Impact

People served through **peer grief support groups**



2024: 2,733

2014: 1,729

2004: 696



183,881

Grief Out Loud

podcast episodes
downloaded in 2024.
Visit dougyc.org/podcast
to listen

324,245

people from
194 countries
found support and
free resources on
dougyc.org in 2024



Information, crisis, referral, and intake requests
answered by Dougy Center Program staff

2024: 25,056

2014: 7,489

2004: 1,393



Volunteer Support

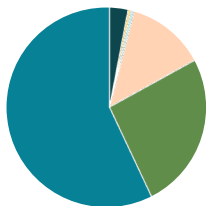
27,954 = \$936,145

**volunteer hours
contributed
in 2024**

**donation
value**
source: Independent Sector

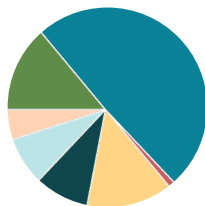
Grief Support Groups

Person Who Died:



- Father: 62%
- Mother: 21%
- Sibling: 14%
- Grandparent: 2%
- Close Friend/
Partner: >1%
- Other >1%

Cause of Death:



- Illness/Medical
(non COVID): 49%
- Suicide: 14%
- Accident: 14%
- Substance Use: 9%
- Homicide: 8%
- Unknown: 5%
- COVID-19: >1%

In 2024, the **L.Y.G.H.T. program** was accessed

239 times
by youth in foster care;
100% of youth
would recommend
L.Y.G.H.T. to their peers



The Need for Dougy Center in the Portland Metro Area



An average of
**118 kids
and 91 adults**

were on the waiting list to get into a
Dougy Center grief support group

31% of Dougy Center
families report they live
below the poverty level

Cost to families for
groups, resources,
and support **= \$0**



1 in 12

youth in the United States
will experience the death of a
parent or sibling by age 18

*source: Childhood Bereavement
Estimation Model (CBEM)*



For more information or to get involved contact:

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dougyc.org

I don't attend grief group
because my mom died.
I attend grief group
because your mom
didn't.

Adam Luria, Age 16
Dougy Center participant

