# Healthy Schools

Connecting education, health, & community



# What is Healthy Schools?



Public Health-School District Collaboration to embed Local Public Health in schools



Based on the CDC Healthy Schools and What Works In Schools programs



Prevent Youth Mental, Social, and Behavioral Health Issues from Starting





# Superintendent Quote

"Educators are not trained to be able to address public health issues.

Healthy Schools has helped ensure that prevention expertise is reaching our staff and students instead of depending on untrained teachers and administrators to support students.

This allows our teacher and administrators to focus on the work they do best, while your staff (Deschutes County Public Health employees) does the work that they do best."

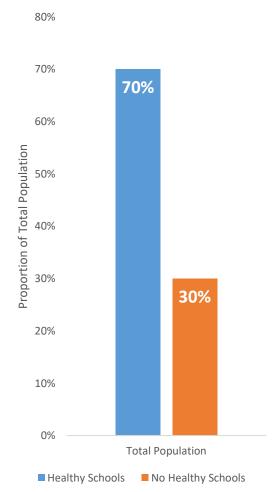
# Results

## **Decreased Emergency Department Visits**

## Proportion of Total Population

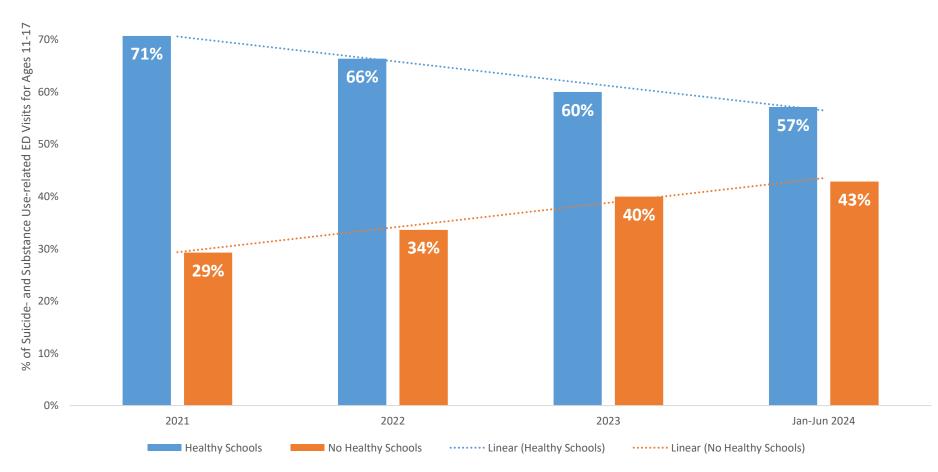
Comparison by Deschutes County zip codes with or without Healthy Schools

80%



### **Decreasing Trend for Suicide- and Substance Use-related ED Visits Correlated to Healthy Schools**

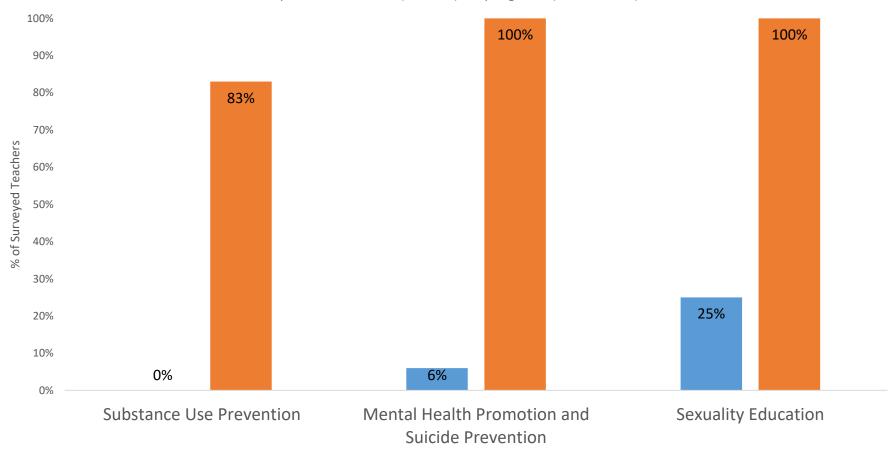
Comparison of Deschutes County zip codes with or without Healthy Schools 1,181 ED visits for ages 11-17 living in Deschutes County zip codes



# Health Education: Policy-Practice

### Increase in Teacher Usage of Effective, Skills-based Curriculum: By Health Topic Area

Comparison of Fall 2021 (Baseline) to Spring 2024 (End of Year 3)



**2021 2024** 



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# Thank you

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