

## HB 2023 STAFF MEASURE SUMMARY

### House Committee On Behavioral Health and Health Care

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**Meeting Dates:** 2/11

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#### **WHAT THE MEASURE DOES:**

The measure expands health insurance coverage for applied behavior analysis (ABA) therapy consistent with existing coverage for autism spectrum disorder (ASD) to include additional diagnoses related to intellectual and developmental disabilities (IDD).

#### Detailed Summary

- Defines "intellectual or developmental disability" for purposes of measure to include cerebral palsy, epilepsy, trisomy 21, and other IDD conditions that meet specific criteria.
- Applies to individual and small employer health benefit plans, as well as plans offered by the Oregon Educators' Benefit Board (OEBB) and Public Employees' Benefit Board (PEBB).
- Requires coverage for ABA consistent with what is offered to those with ASD, including up to 25 hours per week of ABA, beginning on January 1, 2026.
- Sunsets on January 2, 2030.

*Fiscal impact: May have fiscal impact, but no statement yet issued*

*Revenue impact: May have revenue impact, but no statement yet issued*

#### **ISSUES DISCUSSED:**

#### **EFFECT OF AMENDMENT:**

No amendment.

#### **BACKGROUND:**

Applied behavior analysis (ABA) is an individualized therapeutic approach based on learning and behavior science that is generally used with individuals with autism spectrum disorder (ASD). ABA therapy emphasizes behavioral interventions to support behavior change in a way that reduces harmful behaviors that interfere with learning and skill development, while rewarding behaviors that are desirable. ABA therapy is used to address communication skills, improve attention and focus, social skills, and academic performance and can be offered in a variety of settings and locations to meet individual needs. Insurance coverage of ABA for people with ASD was first required in Oregon through SB 356 ([2013](#)).

House Bill 2023 expands health insurance coverage for applied behavioral analysis therapy to include additional diagnoses related to intellectual and developmental disabilities.