

Secure Residential Treatment Facilities Overview

Presented to: Senate Committee on Early Childhood and Behavioral Health

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#### What is Behavioral Health?

Behavioral health refers to a person's emotional and mental well-being across the lifespan.

# It includes the **prevention**, **treatment and ongoing support** of:

- Mental health conditions such as schizophrenia, depression, and anxiety
- Substance use disorders
- Problem gambling and other addictive behaviors



#### **Behavioral Health Treatments and Services**

Behavioral health is a care approach that prevents and treats:

- Mental illness and mental health challenges
- Substance use disorders and challenges
- Problem Gambling
   and other addiction



Behavioral health needs can be experienced **across the life span** of a person, from birth to the end of life.

#### **Oregon Children's Behavioral Health Continuum of Care**



## **Current Youth Residential Providers**



### **Psychiatric Residential Treatment Services**

Residential programs treat children and adolescents who:

- Require a residential environment for assessment and treatment.
- Youth receive care in 24-hour facilities where they live while receiving treatment.

Active psychiatric treatment includes:

- Psychiatric services, medication management, group therapy, skills training, individual and family therapy.
- Programs vary of children they serve by age, population, treatment focus and intensity
- Referrals come from Coordinated Care Organization (CCO), Open Card, Commercial Insurance and some accept self pay.

#### **Psychiatric Residential Treatment Capacity**



#### **SUD Residential Treatment Capacity**

Bed Capacity for Youth Substance Use Disorder (SUD) & Integrated Psych/SUD Programs



#### **Recent Successes & Current Efforts**



#### **Adult Residential Setting & Housing Continuum**

Independent	Supportive and	Residential
Living	Supported Housing	Services
<ul> <li>Need minimal support in the community</li> <li>Generally, have achieved significant recovery</li> <li>Likely receiving outpatient treatment, case management, medication management, etc.</li> </ul>	<ul> <li>May require intensive assistance with daily by multidisciplinary treatment team, sometimes on-site</li> <li>Likely enrolled in higher intensity community- based services like:</li> <li>Assertive Community Treatment (ACT) and Forensic ACT (FACT)</li> <li>Forensic Intensive Transition services</li> <li>Intensive Case Management</li> </ul>	<ul> <li>Adult Foster Home (AFH): unlocked home-like setting without care</li> <li>Residential Treatment Home/Facility (RTH/RTF): unlocked residential facility that provides support for daily living and treatment services</li> <li>Secure Residential Treatment Facility: locked treatment setting for those needing higher intensity services related to deficits attributable to a mental health condition</li> </ul>

#### **Secured Residential Treatment Facilities (SRTFs)**

- Divided into Class 1 and Class 2 facilities:
  - Class 1 has 24/7 Registered Nurse staffing for medical assessments and can use physician-ordered seclusion/restraint
  - Class 2 can initiate physical restraints but must refer individuals to the Emergency Department for medical assessments. Differentiated by resident stability and compliance with medication
- A person is placed in a SRTF through Hospital, psychologist/psychiatrist and Comagine (IQA) evaluations/recommendations
  - Courts may order this level of care

#### **Secured Residential Treatment Facilities (SRTFs)**

- There is a shortage of SRTFs and all levels of residential care
- These are treatment facilities designed to facilitate care that allows a person to safely transition to lower levels of care and eventually back into community
  - Tension point: SRTFs placements are often related to public safety concerns, rather than medical necessity.
- SRTFs are predominantly funded through Medicaid payments
- 6 SRTFs have direct contracts with OHA to facilitate the placement of those that do not meet medical necessity

#### **Secured Residential Treatment Facilities (SRTFs)**

- Current Capacity: 546
- In Development: 58

Remaining to 5-year Goal: 182

**Total: 786** 



# **Questions?**

# Thank you!

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