

# **Oregon State Hospital**





#### **OSH Within the Behavioral Health Continuum**



# **Oregon State Hospital**



- OSH provides the highest level of psychiatric care in the state to adults whose safety and treatment needs cannot be met in their communities.
- OSH provides comprehensive psychiatric, medical and psychosocial treatment and skill-building to help patients successfully return to their communities.
- OSH is accredited by The Joint Commission and certified by the Centers for Medicare and Medicaid Services.

# What Oregon State Hospital Does

- Serves adults with diagnosed or suspected mental disorders
  - Substantial percentage also have substance use disorder
- Provides hospital level of care:
  - 24-hour on-site nursing and psychiatric care
  - Credentialed professional and medical staff
  - Treatment planning
  - Medical & dental clinics, pharmacy, laboratory
  - Vocational and educational services



# What Oregon State Hospital Does, continued

Secure Residential Treatment Facility (SRTF)

- Skill building and community reintegration
  - 24-hour on-site nursing care
  - Expanded privileges
  - Expectation for person-directed treatment planning
- SRTF programs exist in:
  - Salem campus: Bridge units
  - Junction City campus: Forest units

# **Oregon State Hospital Patients**

# Aid and assist (.370) (Salem only)

- Circuit and municipal courts, under Oregon law (ORS 161.370), order defendant to be admitted to OSH for restoration to competency to aid & assist their attorney
- Median length of stay: 90 days

#### **Guilty except for insanity (GEI)**

- Court finds defendant Guilty Except for Insanity
- While at OSH, patients are under the jurisdiction of a separate state agency, the Psychiatric Security Review Board (PSRB), for the purposes of approving discharge to community
- Median length of stay: 3.5 years
- Max stay: maximum sentence for referring crime

# Oregon State Hospital Patients, continued

#### **Civil commitment**

- Patients civilly committed by a court due to dangerousness to themselves or others or inability to provide for their own basic needs due to their mental illness
- Acute care hospital refers patients to OSH if they have not significantly improved despite treatment and exhibit severe aggression which cannot be managed by the referring facility
- Median length of stay: 8-9 months

#### **Extremely Dangerous Person (.701)**

- Court commits a defendant with serious charges, who is unable to be restored to competency, to be treated at OSH under a specialized type of civil commitment
- While at OSH, patients are under the jurisdiction of the PSRB for the purposes of approving discharge to community

# Peter Courtney Salem Campus of Oregon State Hospital

#### Quick Facts (2024)

- Managed capacity 561
  - 21 HLOC units
  - 3 SRTF units
- Average census 549.2
- Position authority 2,215

#### See inside!





# **Junction City Campus**

#### Quick Facts (2024)

- Managed capacity 144
  - 3 HLOC units
  - 3 SRTF units
- Average census 137.3
- Position authority 512



#### See inside!



#### 2024 Census

In 2024, Oregon State Hospital cared for 1,759 people who could not be served in the community.

	Average Daily Population						
Commitment Type	Salem	Junction City	Total	Percent of pop.	Admits	Percent of admits	Median LOS
Aid and assist	374.1	0.0	374.1	54.5%	1,105	92.9%	90
Civil (civil commitment, voluntary, voluntary by guardian)	27.4	3.2	30.6	4.5%	34	2.9%	232
Guilty except for insanity / PSRB	144.5	132.9	277.5	40.4%	50	4.2%	1,307
Other (corrections, hospital hold)	3.2	1.1	4.4	0.6%	1	0.1%	60
Total	549.2	137.3	686.5	100.0%	1,190	100.0%	91

#### **How Services are Delivered**



# **Treatment Groups and Vocational Opportunities**

#### **Treatment groups:**

- Medication management
- Symptom management
- Art & Music therapy
- Healthy Relationships
- Mindfulness
- Fitness
- Peer-delivered services
- Co-occurring disorders
- Legal skills
- Cooking and menu planning

#### **Vocational opportunities:**

- Food service
- Furniture making
- Grounds keeping
- Greenhouse



#### **Treatment Aims**

#### **Guilty Except for Aid and Assist** Civil **Insanity** Commitment Commitment Commitment Restoration to Short-term stabilization to Long-term stabilization competency to stand trial. and risk mitigation to no no longer be a danger longer be a danger to to themselves or others. themselves or others.

# **Discharge from OSH**

# Aid and assist commitment

#### Jail to proceed with case if restored to competency

 Community placement if no longer requires Hospital Level of Care but requires further restoration services

# Guilty Except for Insanity commitment

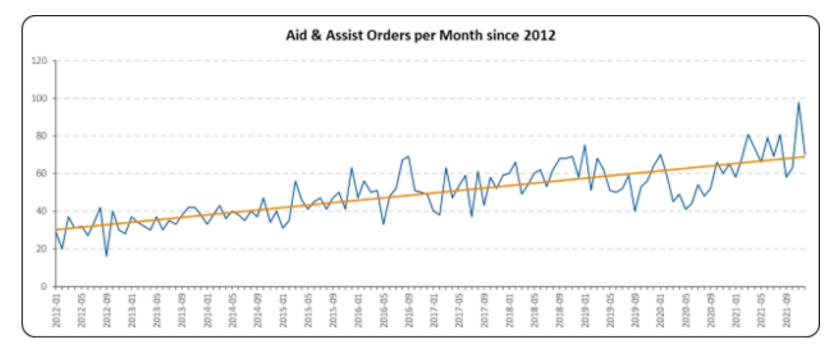
 Community placement under the supervision of the PSRB, generally in a Secure Residential Treatment Facility (SRTF) or other group home

# Civil Commitment

 Community placement, generally in a group home or with family

#### Mink/Bowman & Federal Court Order

Orders for Aid & Assist admissions have steadily increased over more than a decade. By the end of 2021, the average number of new orders per month had more than doubled compared to 2012 (72.0 per month vs 30.5 per month).



In 2019, Disability Rights
Oregon and Metropolitan
Public Defenders filed a
motion against OHA and
OSH in federal court to
force OSH to comply with
the 2002 *Mink* injunction,
which requires OSH to
admit Aid & Assist patients
within 7 calendar days of
the court order.

#### **OSH Restoration Limits**

Maximum duration of OSH restoration based on most serious charge

Misdemeanor: 90 days

Non-violent felony: 180 days

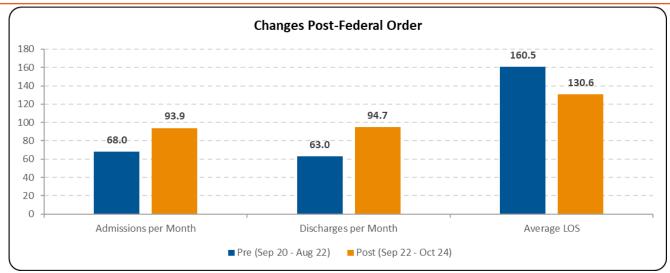
Violent felony: 1 year

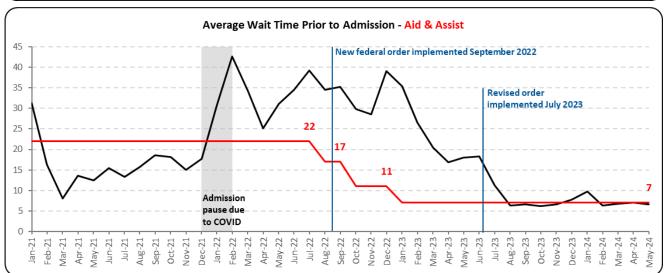
Oregon's neutral expert, Dr. Debra Pinals, recommended restoration limits to the federal court as a strategy to help OSH come into compliance with the Mink injunction.

Recommended restoration limits attempted to balance expected duration of treatment to achieve clinical stabilization and restoration with state's interest in prosecution.

Federal judge Michael Mosman signed an order in September 2022 imposing these limits.

# **Impact of Restoration Limits**

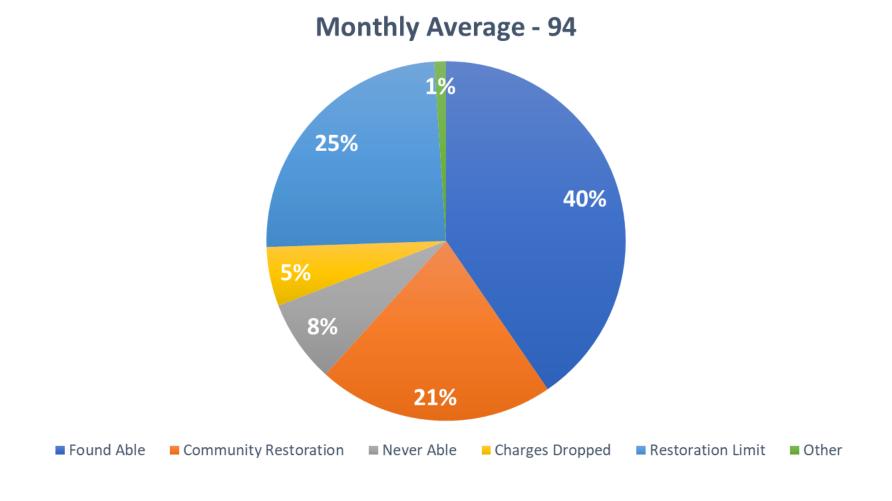




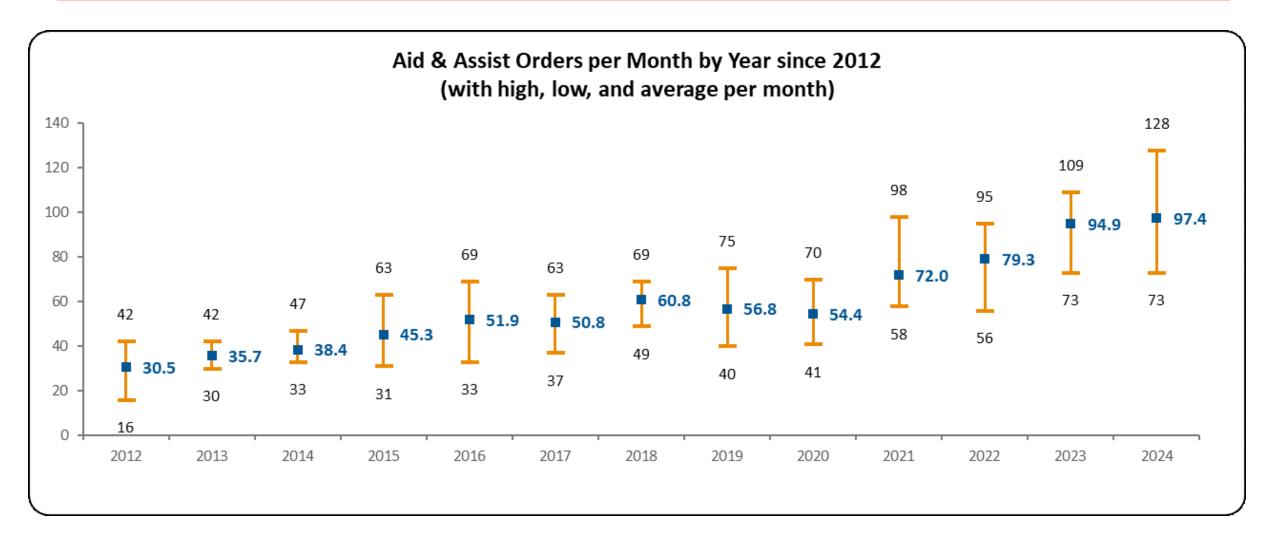
The federal order took effect immediately. Beginning September 2022, OSH saw an approximately 30% increase in the number of patients admitted and discharged each month.

This brought the average length of stay for patients under an Aid & Assist court order down from 160.5 days to 130.6 days.

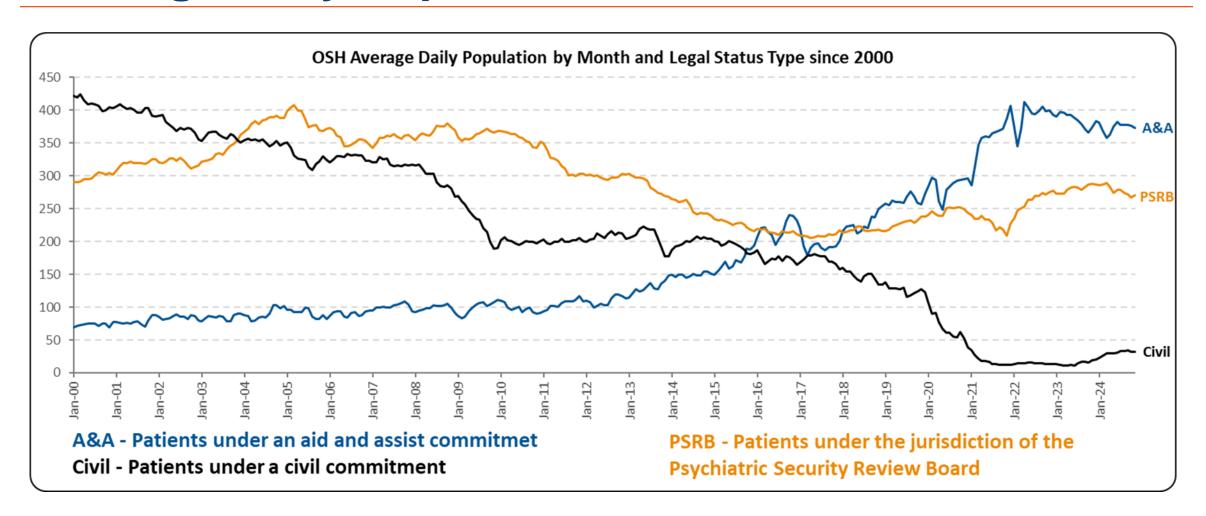
### **A&A Discharge Impact since September 2022**



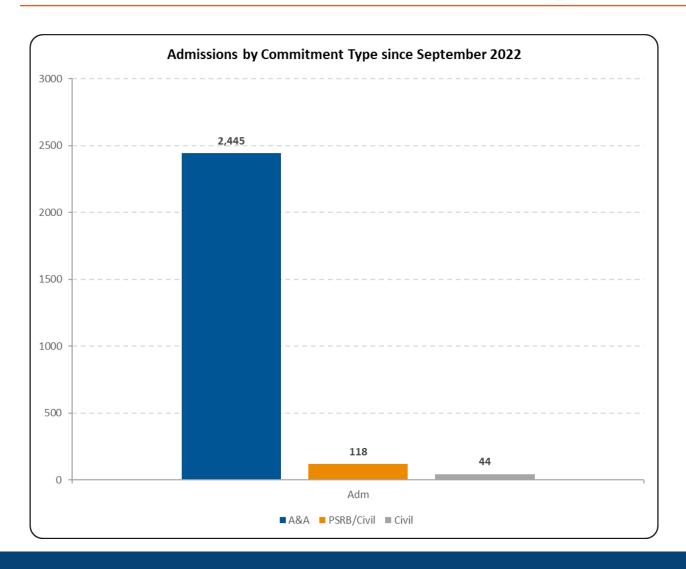
#### Aid and Assist Orders Continue to Climb



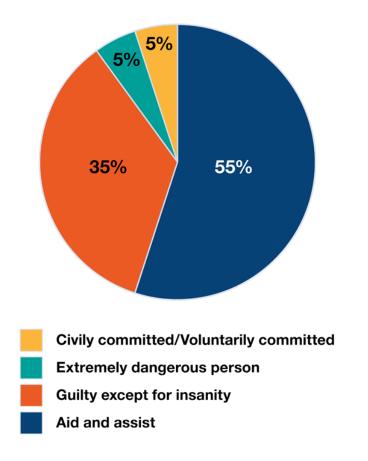
# **Average Daily Population**



# **OSH** as a Forensic Hospital



#### **Oregon Hospital Patient Population**



# **Major Oregon State Hospital Changes**

#### Challenges

- All OSH units now open and operating at 98% capacity
- Higher patient acuity on the Salem campus
- Patients are more ill psychiatrically and medically
- Many new staff in all departments

#### **Solutions**

- Enhancements to limit contraband inside the facility
- New approaches to assessment and treatment delivery
- Expanded substance use disorder treatment options
- New approaches to unit staffing and management of the unit milieu
- Additional staff training

# Thank you

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Oregon State Hospital
2600 Center St. NE
Salem, OR, 97301
Email: OSH.SuperintendentAdmin@odhsoha.oregon.gov
osh.oregon.gov



