

Submitter: Jennifer Plaza

On Behalf Of:

Committee: Senate Committee On Rules

Measure: SB1548

I support keeping standard time and no longer switching to daylight savings time during the summer. If there needed to be a choice between permanent standard time and permanent daylight savings time I would choose permanent standard time. Not seeing the sun in the morning during the winter would make managing winter depression an even more difficult task than it already is. Keeping standard time does mean that we'd have earlier sunsets than we are used to but not needing to deal with swapping the clocks is a trade I'm willing to make.