

Submitter: Maurice Gauz

On Behalf Of:

Committee: Senate Committee On Rules

Measure: SB1548

I write to oppose the proposed switch to Permanent Standard Time. I struggle with seasonal depression, and the thought of losing the opportunity to look forward to returning home from work with ample daylight remaining fills me with dread.

As a person who feels most energized in the evening, I already feel that society is set up with the opposite in mind in almost every case. An extra hour of evening daylight makes a huge difference to my quality of life throughout much of the year.

Thanks for reading.