

Submitter: Dana Bauer
On Behalf Of:
Committee: Senate Committee On Rules
Measure: SB1548

Please defer to the science on this question.

<https://www.aarp.org/health/healthy-living/info-2022/daylight-saving-time-and-your-body.html>

Some people whine about the loss of daylight hours which might make it harder for them to shop. Business owners imagine they may lose money.

I submit that such claims are frivolous compared to the proven negative impacts on health by the silly changing of clocks.

For those who like to pretend that it stays light longer, all they need to do is make arrangements to go to work earlier.

Please don't contribute to needless strokes and heart attacks by continuing this silly and dangerous practice of changing clocks so morons can pretend it stays light longer.

Thanks. and do the right thing -- follow the science not the lobbyists or silly whiners.
Dana Bauer, Portland OR