

Submitter: Ashley Cole

On Behalf
Of:

Committee: Senate Committee On Veterans, Emergency Management, Federal
and World Affairs

Measure: SB1548

Daylight saving is an out dated routine that needs to end. During the spring when we change the clocks forward, it has been shown that more heart attacks and car accidents happen. It is no wonder because we are so sleep deprived. It takes weeks or months for that internal clock to change. It is the same in the fall only slightly less terrible. Please keep the time the same all the time. Thank you