

It seems that medical professionals and other experts have stepped forward since 2019 to explain that standard time will be better than permanent Daylight Saving Time.

I work in media and every year we have hassles and risks to our bottom line when implementing the 25 hour day for our broadcast logs.

This year I will be out of state and have been in the past in states that do not make the spring forward or the fall back. I felt better and well adjusted on those rare occasions anecdotally.

I hope Oregon will implement standard time and use any leverage to move Washington and California to do the same.

As noted by Senator Thatcher, no U.S. Congressional action is necessary.