

Submitter: Bridget Voth

On Behalf
Of:

Committee: Senate Committee On Veterans, Emergency Management, Federal
and World Affairs

Measure: SB1548

I have been suffering through the twice-yearly time changes for 6 decades. I am a migraine sufferer and just the thought of the impending time change makes me cringe. Why would I look forward to a week of migraines and misery as my body attempts to adjust to the different time schedule? It is a FACT that it affects our health, and I am living proof of it. I've never met anyone who liked having to go through these changes twice a year and I find it hard to believe that we have been stuck with it because big-money lobbies force it on us. Please keep us on Standard Time year round! Thank you.