

Submitter: Holly McIntyre

On Behalf  
Of:

Committee: Senate Committee On Veterans, Emergency Management, Federal  
and World Affairs

Measure: SB1548

To Whom It May Concern:

This letter is in support of standardizing the time in Oregon. Having moved here 3 years ago from Arizona, where there is not a time change, I can personally attest to the benefits of not switching time back and forth. I spent almost 24 years in Arizona and experienced the health and mental benefits of not being forced to change time in the Spring and Fall. It is real and tangible. I also see the effects in my workforce. I'm the HR Manager at Umpqua Dairy in Roseburg, Oregon. We typically see substantial impacts on productivity and attendance in the month after the time change, where we "lose" an hour of time. More team members miss work, and call out for fatigue related issues during this time period.

I am in full support of keeping Standard Time year-round and eliminating Daylight Savings Time.

If you would like to speak to me on this matter, feel free to reach out to me.

Sincerely,

Holly McIntyre