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On Behalf  
Of:

Committee: Senate Committee On Veterans, Emergency Management, Federal  
and World Affairs

Measure: SB1548

Changing the time schedule is disruptive to our mental health and to our physical health. Note the challenges faced in the classroom when children are forced into the new time schedule. It also forces some children to have to walk to their bus or to school in the dark which is very unsafe. Note the increase in automobile accidents and in crime with each time change. And there are many other things we can note. The natural systems of our bodies are upset when disrupted, which cause many different traumas and problems. Many sleep specialists are on board with the changing of the time schedule. Aren't they the experts on this?

I support SB1548