Submitter:	Christina Kessler
On Behalf Of:	Myself
Committee:	Senate Committee On Veterans, Emergency Management, Federal and World Affairs
Measure:	SB1548

I am writing this testimony in support of SB 1548. I do not have a preference between standard and daylight saving time. I support not having to deal with any time change. I personally find it very disruptive to my sleep schedule and body clock. Thankfully I do not have kids or pets but I support my friends and family who do that find this time changing even more challenging than I do. Thank you for considering my opinion.