

Submitter: Melynda Casement

On Behalf
Of:

Committee: Senate Committee On Veterans, Emergency Management, Federal
and World Affairs

Measure: SB1548

Dear Honorable Legislators,

Please vote "YES" on SB 1548. I am a clinical psychologist and sleep researcher at the University of Oregon. Clock-changes for Daylight Savings Time are associated with accidents and injuries that could likely be avoided if the time shift is ended. Simply put, voting YES on SB 1548 will save lives. Thank you for your consideration.

Sincerely,

Melynda Casement, PhD

Associate Professor, Director of the Oregon Sleep Lab

University of Oregon