

Submitter: Don Tucker

On Behalf  
Of:

Committee: Senate Committee On Veterans, Emergency Management, Federal  
and World Affairs

Measure: SB1548

Please vote yes on SB 1548.

I am a scientist studying human sleep and circadian rhythms.

The evidence is good that even a one hour change can disrupt human rhythms and impair health and safety.

I would be glad to provide scientific testimony if it would be useful.

Thanks!