

Submitter: Joan Peters

On Behalf
Of:

Committee: Senate Committee On Veterans, Emergency Management, Federal
and World Affairs

Measure: SB1548

Hello Committee persons,

The return of springtime morning light, bird chirping is invigorating and uplifting. DST time change dulls, disorients, darkens and depresses.

Our Oregon community is dealing with overwhelming issues of emotional depression, drug/alcohol addiction, youth school truancy with static/deteriorating performance, small business economic depression, disengagement from our downtown areas due to feeling unsafe, environmental disasters that can be attributed to the human impact contributing to climate change.

There is a lot of misinformation regarding DST, the electorate needs to understand the implications regarding the choice of permanent StandardTime and DST. The US government has used manipulative and misleading reasoning/information while enforcing ever expanding DST, to now contemplating permanent DST as proposed by our Senator Wyden through the Sunshine Act. DST does not provide an economic or environmental advantage to the greater community. Maybe for golfers. Certainly not for farmers, teachers, students, the workforce, and diners who enjoy summer twilight, candle lit, alfresco dining. What about the destructive components of light pollution, do we ever get to star gaze? In summer it can be light till 10pm. The hottest time of day in the summer months often is 5pm when people get off of work. It is easiest to be productive the early morning hours.

Our citizens of Oregon, more than ever need to be engaging with our community and government, participating with life affirming voice and action. It is easiest to do while being invigorated by the light and dreaming with the stars. We need to reconnect our circadian rhythms to our natural world. Yes, our technological advancements through human ingenuity have been remarkable, and yet we must maintain our connection to the sun and stars. As Jay Pea, president of the non profit Save Standard Time, was recently quoted in the Oregonian, "government is powerful, but not powerful enough to change the sun" Please follow the science, inform our citizens with quality information, eliminate the spring/fall time change, and choose permanent Standard Time.

Thank you,
Joan Peters