

Submitter: Arlene Nana

On Behalf  
Of:

Committee: Senate Committee On Veterans, Emergency Management, Federal  
and World Affairs

Measure: SB1548

I am asking that you VOTE DOWN this bill. We already passed year round daylight saving time in 2019, why are we pushing the other way now? We don't want to lose 240 beautiful spring, summer, and early fall evenings! We also don't want to move the sunlight in the morning when we are sleeping anyways. We are on DST for 8 out of 12 months of the year. DST is basically the new standard. Nobody cares about being aligned with the sun because we aren't aligned with the sun anyways. Social schedules are determined by clock time, NOT sun time. How many people do you know wake up with the sun and go to bed right at sunset? I'm assuming nobody. Also, most of Hawaii is actually located in the UTC-11 time zone, but most of it is on UTC-10, so Hawaii geographically observes permanent DST. The western 1/3rd of Arizona is on pacific time, so they in effect are on permanent DST. I think we should move the entire state of Idaho and the entire west coast onto mountain standard time permanently! Why not do that? Both MST and PDT are the same time zone difference from UTC (UTC-7). Since we all passed permanent daylight saving time, let's instead withdraw or amend this bill in favor of mountain standard time year round. Yukon (Canadian province) is on mountain standard time permanently, and they're farther west than all of the west coast and British Columbia! Nobody cares about dark mornings, because people very far north can't really get out of going to school or work in the dark. Cities like Anchorage AK, Fairbanks AK, Whitehorse YT, Oslo Norway, Helsinki Finland, and Saint Petersburg Russia all have very dark mornings even on standard time, so why is a small amount of morning light so necessary? Standard time's dark evenings are also more dangerous! A study about deer collisions showed that over 36,550 deer, 33 human deaths, 2,054 human injuries, and \$1.19 billion dollars in collision costs could be prevented by abolishing standard time or making DST permanent. In contrast, abolishing daylight saving time or making standard time permanent will cause an increase of 73,660 deer-vehicle collisions, with 66 additional human deaths and 4,140 additional injuries, and an added \$2.39 billion in collision costs. There is very little benefit to 4:30 AM sunrises in the summer because almost nobody is awake to see the sun at that time. Also, Steve Calandrillo, a professor at UW Washington, cited a metastudy, which demonstrated that 343 lives per year could be saved under year round DST, year round standard time would do the OPPOSITE. The permanent standard time studies favoring sleep are unfounded because not everybody's sleep schedule is the same: some people work overnight shifts, some people travel around time zones all the time, some people wake up in the late afternoon and don't wake up at sunrise. Not just this, but we would be negatively impacted business wise. We would be up to 5 hours behind New Brunswick Canada, 4 hours behind the east coast, 3 hours behind the central

time zone, 2 hours behind mountain time zone (PART OF OUR OWN STATE??) and 1 hour behind whatever pacific time zone states don't change to permanent standard time. Again, back to the dark mornings argument, for the people who complain about dark mornings, I just want you to know that there is no getting out of short days because there will always be shorter daylight hours in the winter and more daylight hours in the summer. The sleep experts who favor permanent standard time are spreading pseudoscience because they're acting like we all have the same sleep schedule, which we don't. A little bit of morning light doesn't really matter when morning schedules are generally fixed, we usually don't go outside that much in the winter, so dark mornings shouldn't really be a big deal. We have lights indoors that we can use to wake us up! We also have blackout curtains for the people who complain its too light outside in the evenings during summer. Vote against this bill please and thank you.