

Submitter: Ivan Ruiz

On Behalf Of:

Committee: Senate Committee On Rules

Measure: SB1090

I know I don't live in Oregon, but I live in the Pacific Time Zone near Sacramento. I am trying to help save Standard Time in California. I'm hoping that with Oregon's move towards permanent Standard Time, it will be easier for California to follow.

I have bipolar disorder, and DST has been very harmful to my sleep and therefore my mental health. There are many vulnerable populations in Oregon who would be harmed if Oregon does not stay in Standard Time.

Thank you for your time.

Your Pacific Time Zone neighbor,
Ivan