

### **Nurturing Hope. Expanding Wellness.** *Moving from mental health crisis to health and healing*

#### **The Request**

- **NAMI Oregon seeks \$300,000 in Capital Funding** to help finance the remodeling at our recently purchased building in East Multnomah County at 147 SE 102nd Ave. in the Gateway/Mall-205 area.
- The request is part of a \$2.7 million campaign for building acquisition/remodeling and for program expansion.
- The remodel will feature trauma-informed designs so we may better serve individuals and families living with mental health disorders through our free education and support programs.
- In addition to space for our education classes and structured support groups, NAMI Oregon plans to construct a “Resource Café” — a welcoming and warm space where our staff and trained volunteers will work one-on-one with individuals and families seeking information and resources.



NAMI Oregon's new headquarters and program center at 147 SE 102nd Ave.

#### **The Need**

- The need was significant before the pandemic. Youth, adults, families — regardless of your age or your acuity, finding quality services was a struggle.
- Given its community-wide impact, the pandemic greatly had exponentially increased the need. And we've yet to fully realize the pandemic's full impact.

#### **Why Now?**

- It is contingent upon community-based organizations such as NAMI Oregon to act now because we cannot expect an insufficient treatment system to absorb this growing need. Our programs, which are based in resiliency models, can help prevent people from experiencing crises.
- Mental illness is an ongoing condition that must be managed. People are suffering, and even dying, because they aren't getting the help they need.
- More and more people are reaching out to NAMI daily for navigation assistance, treatment resources, and the sense of community that we provide.

#### **The Campaign for NAMI Oregon**

- NAMI Oregon's new building, which we purchased in August 2022, is more than just space. It will serve as our headquarters from which NAMI will expand its free programs through its 16 chapters located across the state, with a particular focus on rural and frontier areas.
- The building also will allow us to provide regular welcoming space for expanded services in East Multnomah County, with a particular focus on evening and weekend programming.
- In the first year after remodeling, we anticipate serving about 2,500 individuals and families through our free education, support, and navigation programs at our new site.
- Statewide, we expect to serve at least 14,000 Oregonians annually by the end of 2024.