Submitter: Diana Siltanen

On Behalf Of: Oregon Health Sciences University

Committee: Senate Committee On Rules

Measure: SB1089

Hello,

I work as both a clinical nurse in a hospital and also as a nurse educator for OHSU in La Grande, OR.

Recently I decided that I should do for myself what I advocate for others to do to stay healthy - get an annual exam from a provider and get labs checked - after all, I will be 60 years old this fall, and I am fully insured.

To my surprise (aka horror) the bill for that exam and lab work (basic chem panel and cholesterol check) was nearly 1,000 dollars. I have to work a long time to make that kind of money - money which ultimately may have been better spent taking care of myself in a non-healthcare manner...perhaps a needed vacation to relax.

Seems ridiculous to be penalized for doing what should be a good thing - obtaining preventative care.

Please support adequate funding for this bill to enable better end results and ultimately better healthcare for the constituents of Oregon.

And ... thank you for your service to our communities/our state.

Diana Siltanen