



1

Mary

Program Overview

4 years, fully inclusive

Pre-baccalaureate certificate approved by PSU Faculty Senate

Non-degree enrollment across all 4 years

3 pillars:

- Academics
- Employment
- Campus Life

Wrap-around supports

9 credits a term
Course of study based on career path
Weekly academic coaching

ACADEMICS

EMPLOYMENT


CAMPUS LIFE

Career counseling
Integrated, competitive employment
Long-term, career-focused employment by graduation

Student clubs and campus events
Volunteering and service learning
Inclusive campus housing options

Career & Community Studies Certificate

2

Academics 

Dan

Students enroll in:


Minimum of 1-2 PSU course each term (5-8 credits)	9 (or more) credits/term
CCS Seminar + supports course (2 credits)	27 credits annually
CCS Career Development & Employment course (2 credits)	108 credits for certificate

Unique, Individualized and Intensive Academic Supports at CCS:

- **Individual Learning Plan (ILP):** Modified assignments, content, engagement based on class syllabus, co-planned with instructor and student
- **Academic Coaching:** Weekly, one-on-one sessions recruited from teacher preparation programs in COE

Types of courses: Students have pursued a variety of course work (e.g., Script Analysis, Athletic & Outdoor Marketing, Computer Programming, Dance) + Strong partnership with University Studies.
[Full list of courses available here.](#)

3

Career Development & Employment 

Mary

Across 4 years at PSU, students experience...


- Paid employment on campus or in the community
 - Career counseling experiences
- Identifying career pathway to plan for graduation to integrated competitive employment in a career-focused job

Employment Supports at CCS:

- **CCS Career Development & Employment Seminar** - cohort focused content and activities each term associated with career development
- **Career Counseling** - individual career counseling sessions with Clinical Rehabilitation Counselor Intern
- **Employment Services** - individualized and small group services coordinated by community employment agency (Trellis, Inc.) and funded through OVR & ODDS (e.g., Discovery, Exploration, Internships, Employment Path, Job Development)

81% of CCS graduates are currently in integrated employment

4



Campus Life

Throughout the four years at CCS, students have the opportunity to engage in campus activities and build a network.


Campus activities include student clubs, sports, volunteering, and much more.

Students can choose to live in campus housing!

Campus Life Supports at CCS:

- **Peer Navigator:** Fellow PSU student that CCS student meet with one-on-one weekly; supports with engagement in campus life

5



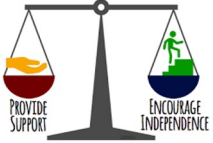
*Wraparound Supports

- **Weekly Advising -**
 - * 1:1 meeting with an advisor
 - support college success and student wellbeing
- ***ExecFun Coaching:** managing schedule/calendar, setting goals, self advocacy, etc
- ***Social Navigation:** campus navigation, social communication, transportation, navigating social environments
- ***Person-Centered Supports (meetings+supports)**
 - annual meeting
 - student voice, choices and supports
 - make informed decisions about academic, career development, employment & campus involvement
 - set goals for college, and life after college
- ***Orientation (new and returning students)**
- ***Student & Family Welcome & Information Night**

*** Supported by K-Plan ADL services for some students**

6




Role of Families



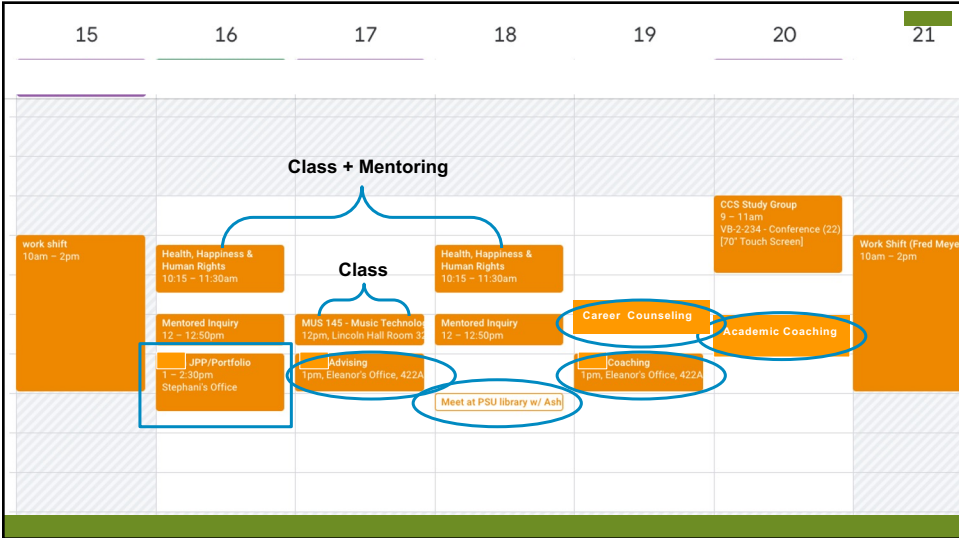
- Support the “flow” of their daily schedule by finding time to check and prep their schedule for the week.
- Support important PSU/CCS communication via email by finding time to ask questions and check new emails.
- Support the financial systems surround the college student (financial aid, health insurance waiver, etc.).
- Support increased independence and self-advocacy.

7

Your First Year in College

	Fall Term	Winter Term	Spring Term
Academics	<i>September 26th through mid-December</i>	<i>January through March</i>	<i>April through mid-June</i>
	Freshman Inquiry course + CCS Seminar + Career Development & Employment Seminar = 9 credits each term		
Job experiences		+	
	Career Development and Employment: part-time job on/off campus		
Campus Involvement		+	
	Campus experiences, student organizations and other activities Peer Navigation, Advising and PCP		

8



9

How We Collaborate

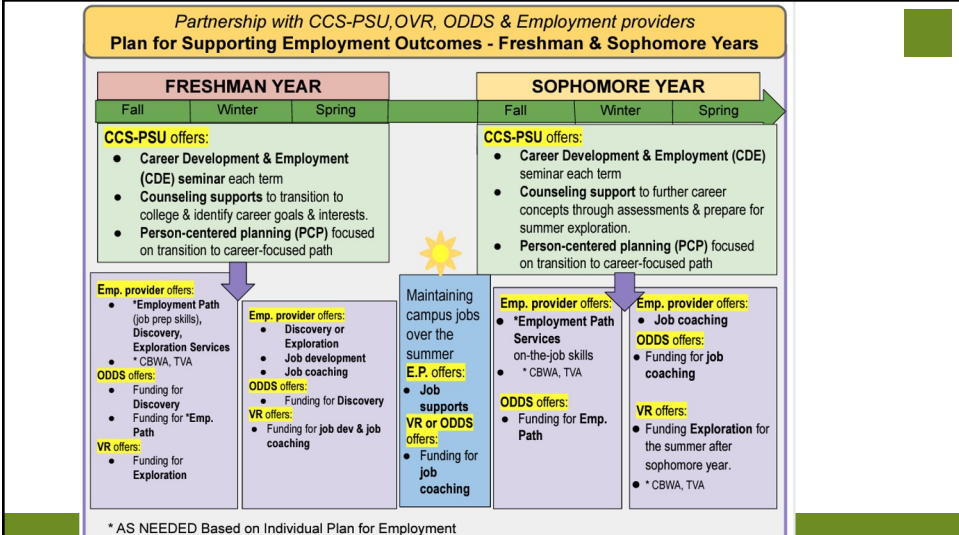
Memorandum of Understanding with Oregon Department of Human Services (OVR and ODDS)

PSU CCS	OVR	ODDS
<ul style="list-style-type: none"> Individualized Support Services <ul style="list-style-type: none"> Prepare for PCPs Align employment with career pathway Coordinate with IPE and ISP as needed Career Counseling through supervised CRC Intern Teach the Career Development and Employment Seminar - group and individualized supports Advisement of students toward enrollment in coursework aligned to career pathway Weekly advising to identify and support goals and supports & practice self-directed skills Weekly academic coaching Peer navigators Coordinate the CCS Employment Steering Committee Service Coordination <ul style="list-style-type: none"> OVR meetings, PCP, IPEs, employment services ODDS - ADL services, employment services, SC/PAs Students and Families PSU Units and Services 	<ul style="list-style-type: none"> Participation on the Employment Steering Committee - share information, develop solutions to issues impacting individual students & success of program; advisory role of other VR counselors Working with families, students and providers for intake, eligibility, voc. assessment, develop IPE and can include: Discovery, CBWA, job placement, job coaching, accommodations needed for integrated competitive employment. Years 1 & 2 focus on on-campus employment, building resume Years 3 & 4 focus on career focused off campus employment. Attending person-centered planning meetings Services do not include costs of tuition, books or other school-related costs Pre-ETS: provide or coordinate Pre-ETS 5 services if eligible students are enrolled and CCS staff present and arrange Pre-ETS services 	<ul style="list-style-type: none"> Participation on the Employment Steering Committee Assist with enrollment in Medicaid certification, other TA as needed Orientation and education about ODDS services, processes, timelines, etc. ODDS will not represent students' SC or PA Services Coordinator/PA: <ul style="list-style-type: none"> work with students eligible for ODDS services develop ISP service authorization, service coordination (if allowable) Years 1 & 2 - focus on on-campus employment to build resume Years 3 & 4 - focus on career-focused off-campus employment No costs of books, tuition, etc.

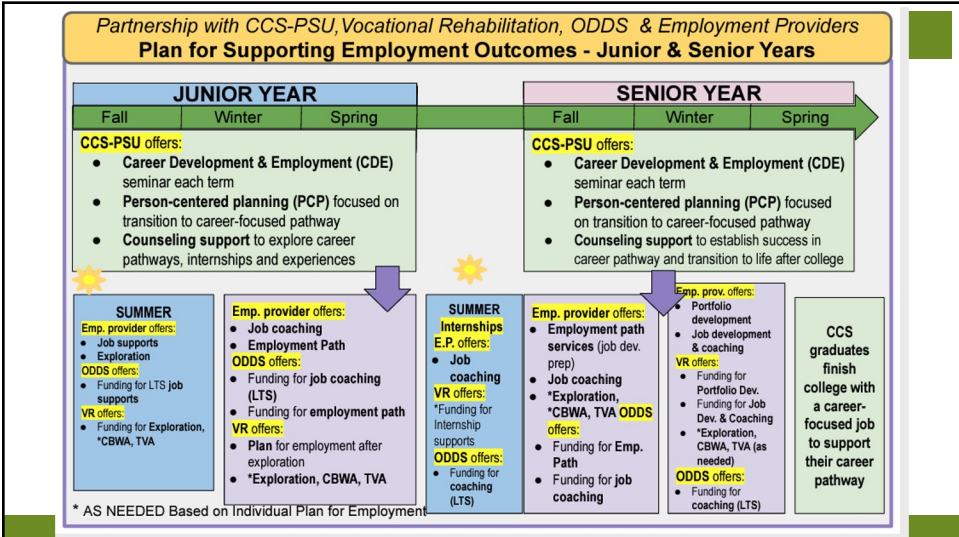
10

Freshman Year		
Fall Term	Winter Term	Spring Term
<p><u>Employment Coordinator</u></p> <ul style="list-style-type: none"> ❖ Career Exploration (VR) or Discovery (ODDS) Discovery to determine suitable on-campus job goal ❖ Employment Path (as needed) to develop job and interpersonal skills ❖ Job Development for on campus work (as needed VR) <p><u>Career Counseling Intern</u></p> <ul style="list-style-type: none"> ❖ Participate in career assessments (interests, values, strengths) ❖ Explore personal career goals/ideas/interests ❖ Meeting 1/week (30-45 minutes) 	<p><u>Employment Coordinator</u></p> <ul style="list-style-type: none"> ❖ Job Development for on campus work (VR) ❖ Provide Job Coaching Support (VR) ❖ Career Exploration (as needed) ❖ Employment Path (as needed) <p><u>Career Counseling Intern</u></p> <ul style="list-style-type: none"> ❖ Meeting 1/week (30-45 minutes) ❖ Extend career exploration using O*NET and other resources 	<p><u>Employment Coordinator</u></p> <ul style="list-style-type: none"> ❖ Continue to provide Job Coaching (if needed) ❖ Long Term Job Coaching Support (ODDS) <p><u>Career Counseling Intern</u></p> <ul style="list-style-type: none"> ❖ Create a LinkedIn Page, and learn how to network ❖ Meeting 1/week (30-45 minutes)

11



12



13

Career Development & Employment & ADL Services & Supports

Across your 4 years at PSU, student's will experience...

- Paid employment on campus or in the community
- Career counseling experiences
- Identifying career-focused job for after graduation

To make this happen, we access the following services and supports:

1. Vocational Rehabilitation (OVRs or VR)	Along with student & VR counselor, planning for career & employment with funding for Short-Term services to include as needed: career exploration, job development, portfolio development and short-term job coaching
2. Oregon Developmental Disabilities Services (ODDS or DD)	Along with student & DD case manager or personal agent planning for Long-Term employment-related services: career discovery, employment path lessons and extended job coaching K-Plan ADL funding associated with Wrap around services for PSU supports: advising, cognitive coaching, campus and social navigation, Orientation, person-centered planning, student and family events
3. Trellis (or employment provider of your choice)	CCS partners with Trellis to offer all job-related services & ADL services

14

ADL Services for CCS

<p>CCS Advising Assistance supporting students to manage and use supports appropriately for engaging in academic, employment and social activities across campus. This includes support to students in problem-solving, communication skills, and goal setting associated with coursework and PSU experiences.</p>
<p>Executive Functioning Coaching Organizing calendars, timelines, etc.. Problem-solving communication with instructors/staff/students (email, in person, texting, etc.). Making modifications to instructional supports required. Decision-making and advocacy supports</p>
<p>Person Centered Supports Annual meetings to plan coursework, employment, social engagement and discuss self-determination, choice, and individual rights/responsibilities with students and families</p>
<p>Campus Navigation Engaging on campus, social communication skills, transportation supports, navigating clubs and other social environments.</p>
<p>Group Support and Preparation for CCS Term-based Presentations/Engagement Support to develop and practice, make decisions about their presentation for seminar including role playing the presentation. Students meet in small groups thereby allowing for individual supports associated with career, academic and social goals for the term.</p>
<p>Orientation Orientation for NEW students and RETURNING students</p>
<p>Student and Family Meetings including Family Night and Welcome Night for Incoming Freshman</p>


15

Outcomes Matter!

Our Graduates (2020 & 2021)

Overall results
(*81% graduates in competitive integrated employment)

- * 1 is not seeking work
- * 1 is in active job development
 - Retail Sales
 - Athletics and Event Operations
 - Human Services (childcare, social services)
 - Animal Care
 - Hospitality
 - Manufacturing/Assembly



Outcomes

16

Outcomes Matter!

Current Employment while in CCS (98%):

- **Jobs on campus**
 - PSU Rec Center
 - Member Services
 - Fitness & Inclusion
 - Office of Academic Innovation
 - Administrative Assistant
 - Little Vikings Childcare
 - F&O Landscaping
 - PSU Bookstore
- **Jobs in the community**
 - Retail sales
 - Human Services
 - Animal Care
- **Internships in Career Pathway Completed**
 - Portland Pickles
 - FLASH (PSU Rec Center)
 - Northpole Art Collective
- **Internships in Development**
 - Schnitzer Art Museum
 - PSU Theatre
- **Career Counseling Activities**
 - Assessments (interest, strengths, values)
 - Informational Interviews
 - MH Counseling
 - Exploring career pathways
 - Planning internships
 - Elevator Speech
 - Interviewing Skills, etc.

A Request & A Thank You!

Advocacy Support and Involvement SB 572

Sponsored by Senator Gelser Blouin & Representative Ruiz

Requires Higher Education Coordinating Commission to work with Portland State University and community colleges to establish post-secondary program for youth with intellectual and developmental disabilities. Specifies requirements of program. Appropriates moneys to commission for allocation to Portland State University to support Career and Community Studies program. Appropriates moneys to commission for allocation to community colleges that participate in establishing program for youth with intellectual and developmental disabilities. Declares emergency, effective July 1, 2023.

Further Questions
Mary E. Morningstar
mem28@pdx.edu
 785-218-3305 (cell)

