

March 7, 2023

Chair Nosse and Members of the House Committee of Behavioral Health and Health Care,

My name is Dominique Dallmayr, and I am a LCSW. I have been practicing here in Oregon for 30 years and have spent the last 5 years in private practice. I spent those years in a lovely group practice, that serves hundreds of clients yearly. I currently went into solo practice and am building my practice.

I urge you to pass HB 2455. With the increase in audits of mental health claims and the size of required repayments, I am struggling with choosing to work with insurance companies or not. My family has a modest income and the thought of huge repayments has made anxious and made me question with whom I work.

I truly work my hardest to provide ethical, evidence based therapy to clients. And I might make a mistake in my billing. The thought that I would be penalized for clerical errors is very scary . And the fact that insurers are not required to provide written directions to providers on documenting services in order to pass audits, feels punitive and frustrating.

As you know, the Pandemic has created a mental health crisis, and we need mental health providers more now than ever. The audit system is unjust and threatening and we need a team of trained mental health providers to overhaul the current audit process and provide a workable and fair system.

Thank you,
Dominique Dallmayr, LCSW
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