

Submitter: Mikaela Aguilar

On Behalf Of:

Committee: House Committee On Behavioral Health and Health Care

Measure: HB2697

Since starting working as a nurse in 2020, I have missed countless meal, lunch, and bathroom breaks. Due to short staffing on my unit, I have not had adequate coverage of my breaks and it was not safe to step away from the bedside to take care of my basic human needs. It is really difficult to balance my needs with the safety and well-being of the patients I am trusted with caring for. I support this bill in the hope that it will allow our health care teams to take care of ourselves in order to more safely care for our communities.