

Submitter: Kristina Day

On Behalf Of:

Committee: House Committee On Behavioral Health and Health Care

Measure: HB2697

Good morning,

I have been a nurse for almost 14 years. I have worked inpatient and now outpatient. Staffing issues and acuity of our patients has dramatically increased. We are acting as 2 nurses at all times and expected to multitask all day long to get the work done. Even then the work is not getting done in a timely matter. We are told we are fully staffed based on budget. The burn out is real. I've never been so emotionally, mentally or physically drained in my life. I'm expected to run a program for kids with major issues. The program has grown 3 fold in the last 3 years but the amount of time allotted to care for these kids, to keep them safe out of the hospital is the same. I feel like I'm constantly scrambling and never have enough time. My role should be a Case Manager/RN Coordinator role but OHSU dismissed it. If I could find a new job not in healthcare that replaced my income I would. We recently lost an RN to suicide. When is enough enough. It shouldn't be about budgets. Look at the acuity and how healthcare has changed. We deserve better, our patients deserve better.

Thank you