# Certified Community Behavioral Health Clinics

# A model worth expanding



The Certified Community Behavioral Health Clinic model, or CCBHC, is a transformative approach to behavioral health and SUD treatment which sets a gold standard for care across the state.

For decades, behavioral health care services have operated in a fragmented network, lacking the coordination required to ensure ongoing high quality and integrated care.

CCBHCs are a type of "behavioral health home" providing a comprehensive collection of services that create access, stabilize people in crisis, and provide the needed treatment and recovery support services for those with the most serious and complex mental and substance use disorders.

The federal demonstration wrap payment has allowed CCBHCs to finance the infrastructure needed to provide these comprehensive services for people with various needs, regardless of their insurance coverage.





**Tighter coordination of services translates directly into:** 

- Expanded access to care
- Improved outcomes for clients
- Cost savings for providers

For all of these reasons, GOBHI is advocating for statewide expansion of the CCBHC model.

The time has come to scale up this proven model and grow its impact to Eastern Oregon.

Contact

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## The Impact of CCBHCs

#### **Chris Siegner**

Executive Director, Symmetry Care

**Harney County** 

"In a frontier area such as Harney County, there was considerable apprehension regarding how it would be possible to transform a small behavioral health office into a Certified Community Behavioral Health Clinic. What was in our favor was that the existing programs were largely integrated in our behavioral health services and adding physical health care was the logical next step.

With the addition of medical and wellness services, Symmetry Care Inc. is now able to provide whole person care focused on meeting health objectives. The results are people achieving improved overall health outcomes and clinical staff having confidence that they have the tools and resources needed to be effective."

#### Kimberly Lindsay

Executive Director, Community Counseling Solutions

Gilliam, Grant, Morrow, Umatilla, and Wheeler Counties "Not sure what we would do without CCBHC Medical Assistant, Katie Cornell! She has been able to monitor and follow up on blood sugar levels, diet, medications and skills training – helping clients learn new skills and becoming as independent as they can be in the community."

#### Al Barton

Executive Director, Mid-Columbia Center for Living

Hood River, Sherman, and Wasco Counties "(MCCFL) has been a certified community health clinic since 2017.

The integration of medical professionals, hiring a wonderful physician, and medical assistance has significantly transformed the way we assess, treat, and outreach our community.

During the funding gap of 2019 wherein the legislature was unable to approve funding, we continued providing "whole person care" trying to find other means to finance. We found utility in assessing and treating the whole person versus just their presenting substance or mental health concern. We continue to expand this program in the medication assisted treatment to address the opioid epidemic locally."

### **Learn More**

New York Times article on CCBHCs:

National Council for Mental Wellbeing

"The Solution to America's

Mental Health Crisis Already

Exists." (10/4/22) →

"Take Action To Expand and Sustain CCBHCs" →