

Submitter: Kathryn Mayngardt

On Behalf Of:

Committee: House Committee On Behavioral Health and Health Care

Measure: HB2458

Protect children by opposing this bill. As a teen, going through puberty, I hated my body and so wished I could be a boy. I fantasized about having my breasts and uterus removed so I wouldn't have to deal with the very uncomfortable changes happening to my body. These feelings last from the ages 12-15.5. If I would have had access to any kind of "gender affirming care" I would not be a mother to 3, almost 4 children today. I would not have been able to nourish those children with my Body by breastfeeding. I am proudly and unapologetically a mother now and so thankful that I did not even have the option of "gender affirming care". I see stories daily of young, puberty age women regretting their decisions to have these surgeries and take drugs to try to alter their appearance. We must protect young girls who are confused and traumatized by puberty to accept themselves, not offer unreliable, dangerous, non-solutions to their problems.