

Submitter: Gordon Clay  
On Behalf Of:  
Committee: Senate Committee On Health Care  
Measure: SB818

For the record my name is Gordon Clay, a Suicide Prevention Advocate from Brookings, OR and web master of [www.ZeroAttempts.org](http://www.ZeroAttempts.org). I'm writing in favor of SB-818

Oregon is the 27th largest state yet ranks 13th in suicides/100,000.

"Three of four suicide victims had contact with primary care providers within the year of suicide." "On average, 45% of suicide victims had contact with primary care providers within 1 month of suicide"

[www.ncbi.nlm.nih.gov/pmc/articles/PMC5072576/](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC5072576/).

After the failure of HB-48 to keep the mandatory requirement to do continuing education on suicidality, I started gathering new information that comes out every month around suicidality, much of it in the form of abstracts on ways to reduce deaths by suicide. This compilation of monthly Suicide Watch reports for 2018 can be found at <https://bit.ly/2Zm6qOL> if it doesn't get attached to this written testimony.

If GPs knew the risk factors and warning signs and ask the two or three at risk question of each client that the end of their visit and knew the protocol to get their patient's to appropriate services, imagine how that would improve Oregon as a healthy state to live and thrive in. Please pass this bill.