

Chair Taylor Members of the Committee, I am required to work mandatory overtime twice a week.

Mandatory overtime makes me exhausted. It is difficult to maintain focus on the job and in some cases it is extremely difficult to stay awake.

Mandatory overtime has given me anxiety and insomnia. It is very stressful to come to work on Monday and know that I will be working 16 hours if I can't find a split (someone to share overtime hours with so that we can work an extra four hours instead of eight). It is hard to focus on the duties of my job at the beginning of my shift since my focus is entirely on finding someone to split my overtime with me. It is demoralizing to think that mandatory overtime will not subside in the near future and it is possible that it will never slow down.

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