

Chair Taylor Members of the Committee,

On average I am required to work mandatory overtime twice a week.

Mandatory overtime abuse makes me dread coming to work, knowing that I may be at work for 16 hours (potentially back-to-back or two days in a row). I am exhausted during my second shift and often worry I am not able to do my job to the best of my ability due to my exhaustion.

It makes having a home life almost impossible.

The impact extreme mandatory overtime has on my health is so bad that I'm beginning to resent doing a job that I enjoy. It makes coming to work unenjoyable.

While I can definitely appreciate the financial aspect of working mandatory overtime, it has caused my personal relationships to deteriorate.

Alexander Christian Lykins
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