

Submitter: Aminta Demadura

On Behalf
Of:

Committee: House Committee On Agriculture, Land Use, Natural Resources, and
Water

Measure: HB2616

I would like to share my support for authorizing the sale of raw milk through local distributors and farmers markets in Oregon.

Our family started drinking raw milk several months ago and have seen wonderful health benefits that we've never been able to get from organic pasteurized milk in the past. Raw milk is very safe to drink, and actually has a lower rate of listeria than greens like spinach do. Our family has never been sick from drinking raw milk and we would love to have more access to it. Currently we must drive a long way to get it.

Raw milk is well known for helping those who suffer from eczema, autoimmune conditions, and poor gut health. It's an incredible food that our ancestors drank routinely for good health. Only in the last 40 years or so has Raw milk been seen as dangerous (largely due to lobbying efforts by the dairy industry).

Furthermore I support Oregonians rights to choose what is best for their family after doing their own research. All Americans deserve to have a choice in their families health, and it is best for the government to step back and allow them to live as they see fit.

Please pass bill 2616 and support Oregonians health and freedom of choice.