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# Oregon Health Authority Behavioral Health Delivery Model

Presented to  
Joint Ways & Means Subcommittee on Human Services  
April 17, 2023

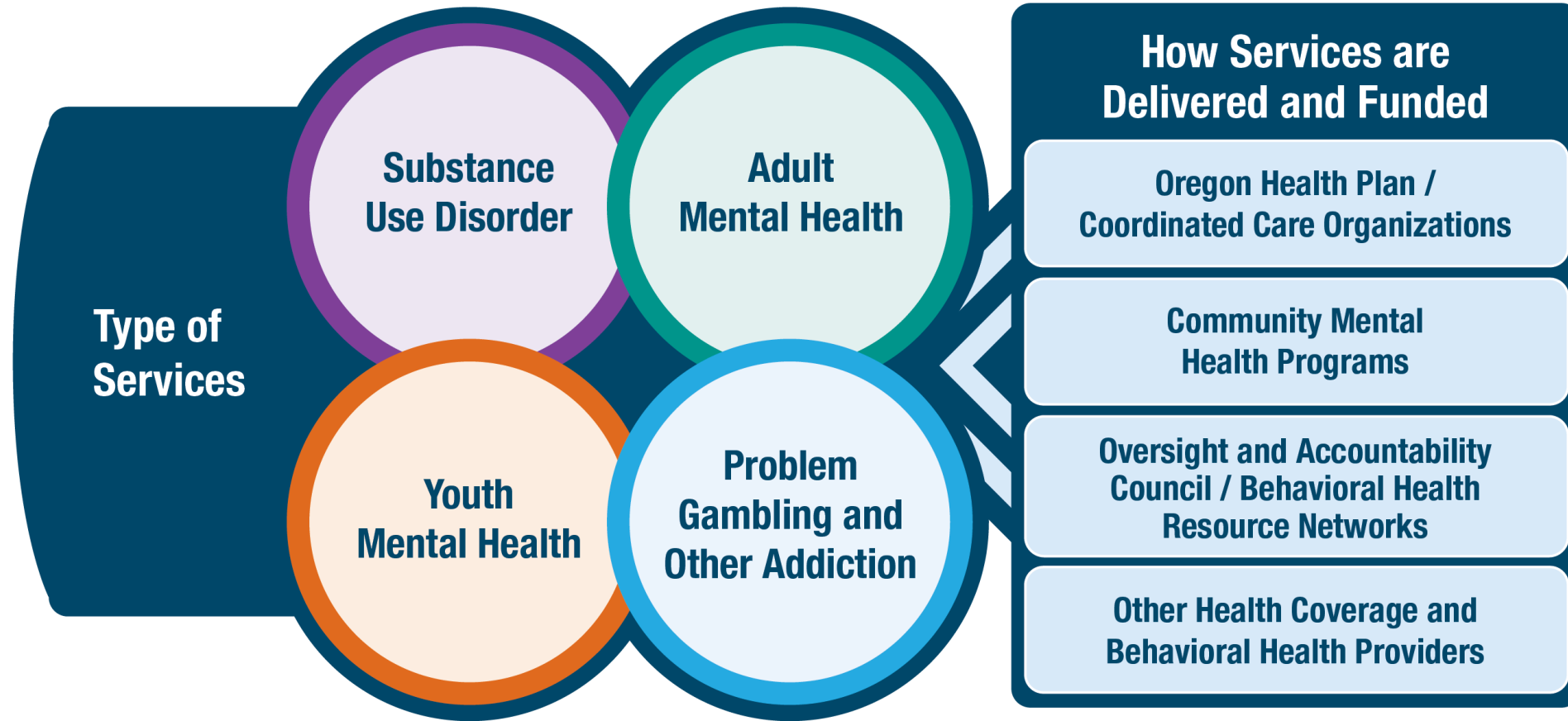
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OREGON HEALTH AUTHORITY  
Health Systems Division

**Accessibility:** You can get this document in other languages, large print, braille or a format you prefer free of charge. Contact Matthew Green at [matthew.green@oha.oregon.gov](mailto:matthew.green@oha.oregon.gov) or 503-983-8257. We accept all relay calls.

# Behavioral Health Services



# Coordinated Care Organizations

Network of local providers managing and administering Medicaid funded BH programs

CCOs administer the behavioral health benefit for Medicaid members and are required to provide behavioral health treatment services including:

- Psychiatric emergency services
- Psychiatric inpatient services
- Care coordination including children's Wraparound services

# Local Mental Health Authorities

- Assess the behavioral health needs of the community
- Adopt a comprehensive behavioral health plan
- Delegate authority to operate Community Mental Health Program (CMHP)
- Collaborate with Local Public Safety Coordinating Council to ensure needs of criminally involved are addressed
- Funding source: Federal and State government programs, grants, and local funding

# Community Mental Health Programs

## Substance Use Disorder Services

- Outpatient services
- Aftercare for persons released from hospitals
- Residential care and treatment
- Continuity of care
- Inpatient treatment in community hospitals
- Other alternative services to state hospitalization

## Mental Health Services

- Screening and evaluation
- Crisis stabilization
- Costs of investigations and prehearing detention in community hospitals or other facilities
- Vocational and social services
- Continuity of care to link to housing, health and social services
- Psychiatric care in community hospitals
- Residential services
- Medication monitoring
- Outpatient therapy
- Public health and prevention

# Behavioral Health Resource Networks

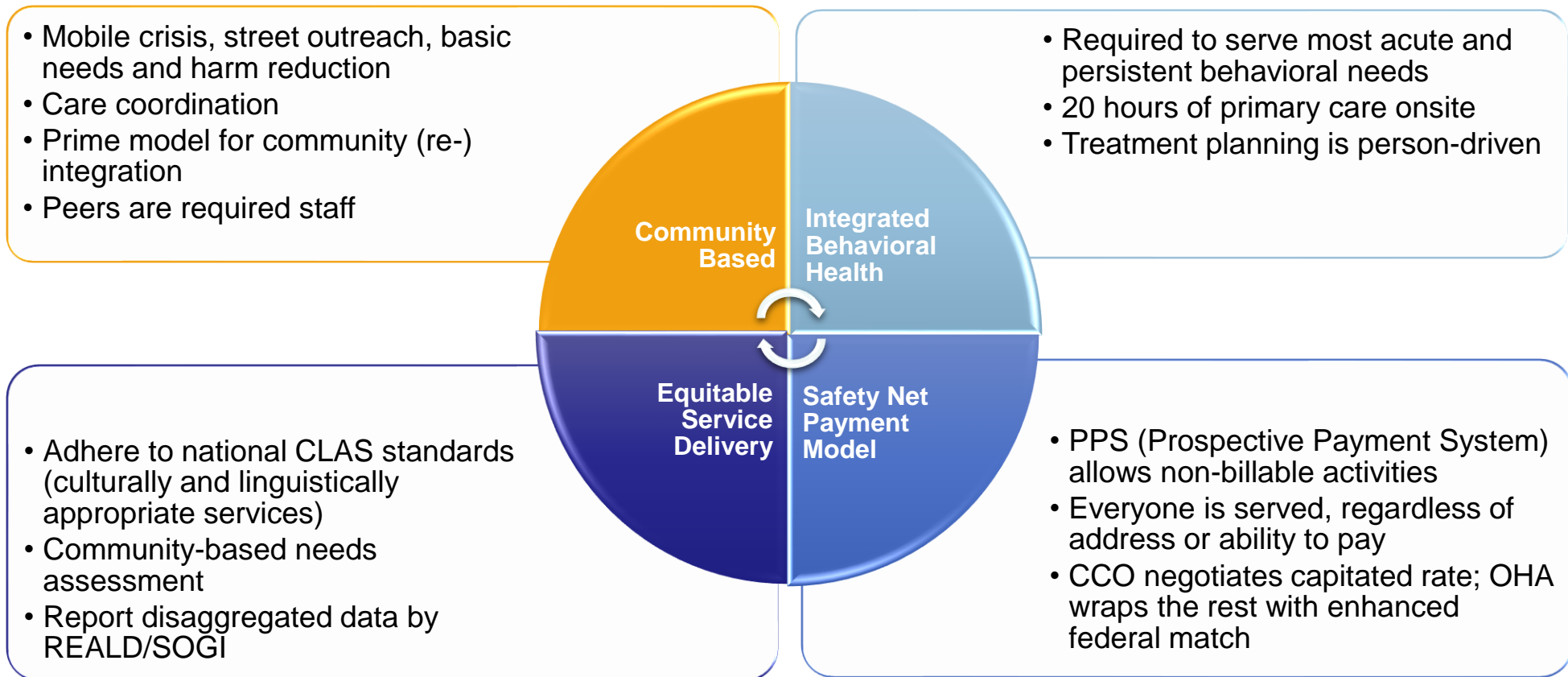
M110 Behavioral Health Resource Networks (BHRNs) are a whole-person, low-barrier, health-based approach to substance use and overdose prevention.

BHRNs are required to provide:

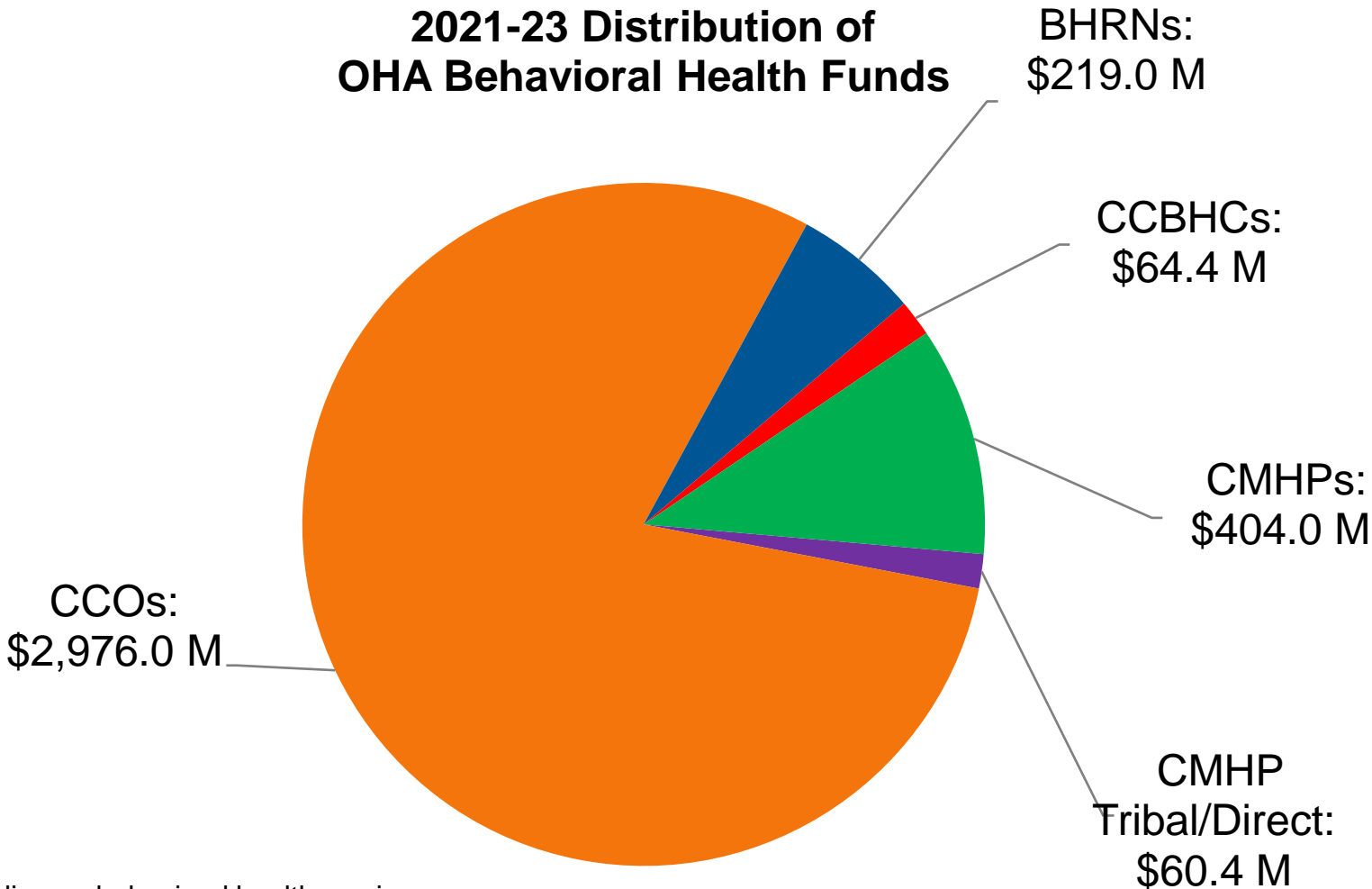
- Low-barrier SUD treatment
- Low-barrier housing
- Harm reduction, including overdose prevention services
- Peer-led mentoring
- Screening and comprehensive behavioral health assessments
- Supported employment

Funding source: Ballot Measure 110

# Certified Community Behavioral Health Clinics



# Behavioral Health Budget



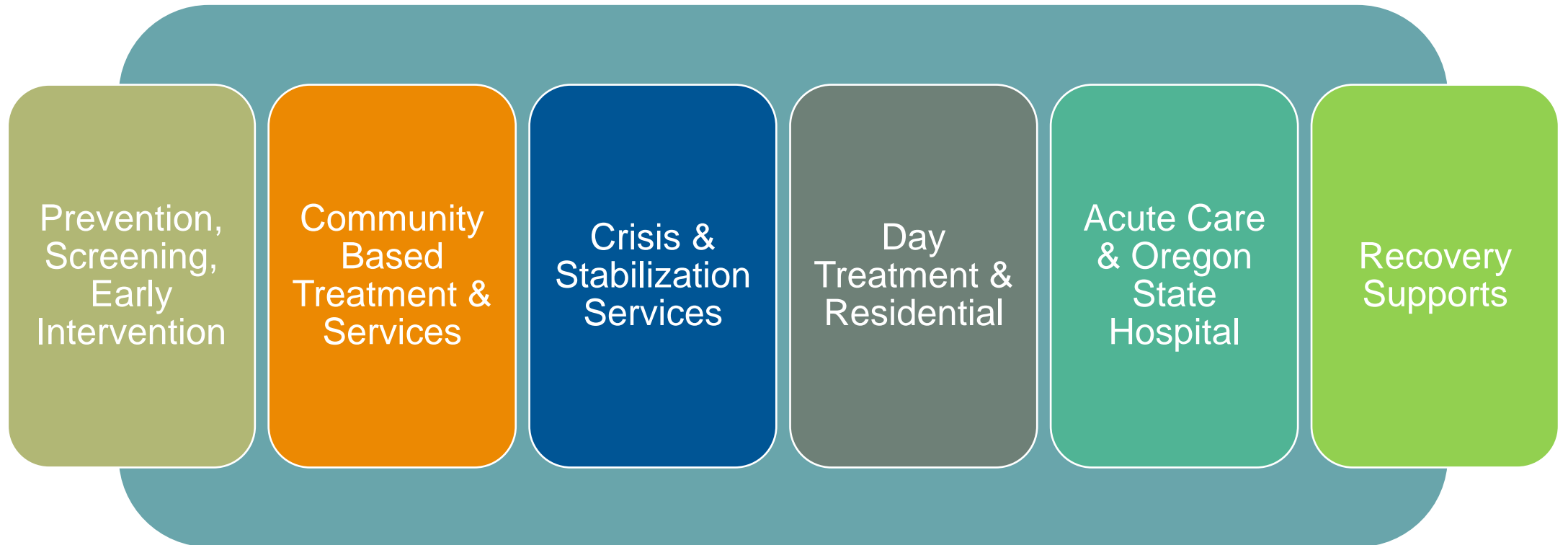
CCOs reflects all OHP spending on behavioral health services.  
CMHP Tribal/Direct includes other direct payments to behavioral health providers not otherwise captured.  
Chart does not include Oregon State Hospital nor public health prevention related to behavioral health.



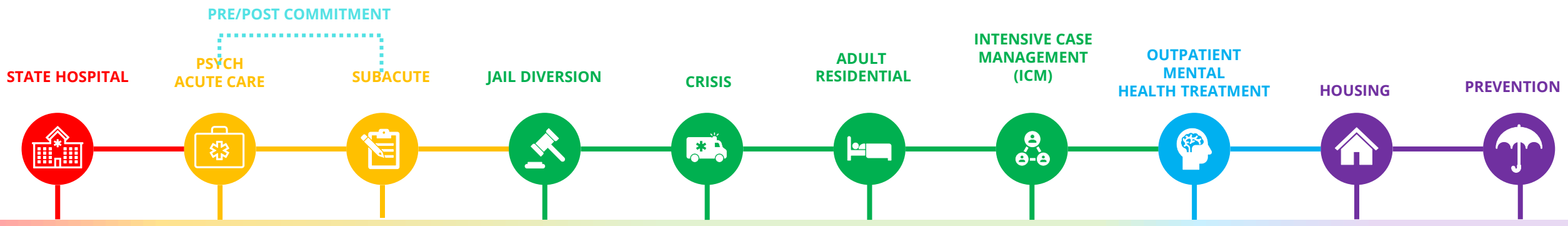


# Behavioral Health

- Behavioral health includes a broad array of services and an equally broad array of providers
- OHA's role varies greatly across these services



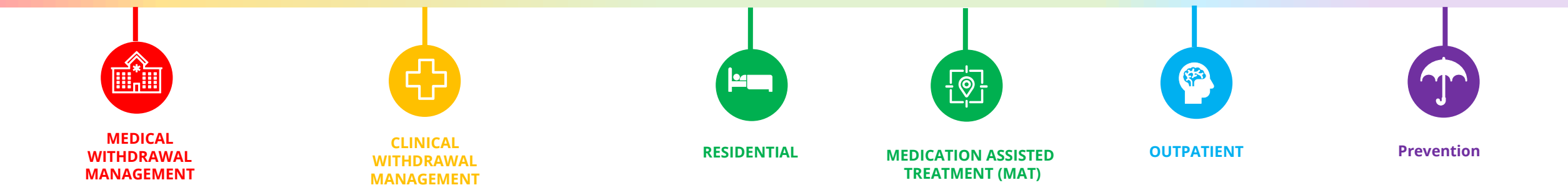
# MENTAL HEALTH



PEER AND HARM REDUCTION SERVICES

MOST INTENSIVE

LEAST INTENSIVE



# SUBSTANCE USE DISORDER

# MENTAL HEALTH

## CHOICE MODEL

## INTENSIVE CARE COORDINATION

## CARE COORDINATION

PRE/POST COMMITMENT

PEER SERVICES

STATE HOSPITAL

PSYCH ACUTE CARE

SUBACUTE

JAIL DIVERSION

CRISIS

ADULT RESIDENTIAL

INTENSIVE CASE MANAGEMENT (ICM)

OUTPATIENT MENTAL HEALTH TREATMENT

HOUSING

PREVENTION



Civil/Forensic Commitment

OSH

Community Hospital

Crisis Assessment Treatment Center (CATC)

Forensic Diversion  
Mental Health Court  
Community Court

Behavioral Health Call Center

Secure  
Adult Care Homes  
Crisis Respite

Assertive Community Treatment (ACT)  
Forensic Assertive Community Treatment (FACT)  
Intensive Case Management Team (ICM)

Older Adult  
General Outpatient Treatment  
Culturally Specific

Permanent Supported  
Transitional  
Rental Assistance Program  
Shelter

Mental Health 1<sup>st</sup> Aid  
ASIST Suicide Intervention Prevention Training  
Question Persuade Refer  
Suicide Reporting  
Regional Prevention & Anti-Stigma Campaign

MOST INTENSIVE

LEAST INTENSIVE

# SUBSTANCE USE DISORDER

CARE COORDINATION

## PEER AND HARM REDUCTION SERVICES

### MEDICALLY MANAGED INPATIENT



ASAM level 4  
Detox  
24-hour medical oversight for unstable withdrawal

### WITHDRAWAL MANAGEMENT



ASAM 3.7  
Medically Monitored  
ASAM 3.5 Clinically managed Detox

### RESIDENTIAL



ASAM 3.1 Clinically Managed Low-Intensity Residential Services  
ASAM 3.3 Clinically Managed Population Specific High-Intensity Residential Services

### MEDICATION ASSISTED TREATMENT (MAT)



Opiate Treatment Providers  
Methadone/Suboxone/Buprenorphine/Vivitrol/Sublocade  
Mobile OTPS

### OUTPATIENT



ASAM 2.5 Partial Hospitalization Services  
ASAM 2.1 Intensive OP services  
ASAM 1 Outpatient Services  
DUII treatment providers

### Prevention



ASAM .5 Early Intervention  
DUII Education  
Outreach and Media  
Tribal ATOD  
Regional Prevention & Anti-Stigma Campaign  
SBIRT

MOST INTENSIVE

LEAST INTENSIVE

# Challenges and Responses

## Challenges

- Current capacity limitations and gaps in services
- Pockets of siloed or disjointed services
- System-wide workforce shortages at all levels
- Increased behavioral health acuity exacerbated by pandemic isolation

## Responses

- Continued inventory and gap analysis of services to guide targeted investments
- Financial inventory of SUD services paid for by OHA, ODHS, ODE, DOJ and federal grants
- Internal organizational mapping process to align work with optimum service delivery
- Focused workforce development and incentives to fill gaps in critical service areas
- Increase outreach and engagement to intervene prior to increased acuity in individuals

# Priorities for 2023-2025

Improve access to behavioral health services, in alignment with Governor Kotek's priorities to:

- Disrupt the homelessness-jail-hospital pipeline
- Decrease preventable deaths related to substance use or behavioral health
- Stabilize and support the behavioral health workforce

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**Thank you**

Oregon  
**Health**  
Authority