

Presentation Follow Up to the 2023 Joint Ways and
Means Subcommittee on Human Services

Office of Aging and People with Disabilities

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Disabilities

April 4, 2023

Outline

- I. **Oregon Project Independence, Family Caregivers, and the 1115 Waiver**
- II. 2021-2023 Home and Community Based Services (HCBS) Investments
- III. 2021-2023 Provider and Workforce Investments and Initiatives
- IV. Closing remarks

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Oregon Project Independence, Family Caregivers, and the 1115 Waiver



Overview: Oregon Project Independence

Oregon Project Independence (OPI) provides **in-home supports** for consumers who are not in the Medicaid program. The program, which launched in 1975, is:

- Administered by local **Area Agencies on Aging (AAAs)**.
- Supported by state **General Fund only**.
- Serves **individuals age 60 and over** and younger individuals who have a dementia diagnosis.
- Since 2014, younger adults with physical disabilities in **12 counties** may receive services through the OPI Pilot Program.
- Funding is limited and AAAs have **waitlists and limit services** (i.e., hours) to stay within the budget.



Who we are serving: OPI

As of March 2023, **1,811 consumers** were in the OPI program:

- 91 percent are served by the traditional OPI program.
- 9 percent are younger adults in the OPI Pilot program.

OPI consumers range in age between 31 and 107:

- **Average age** in the traditional OPI program = **78 years.**
- **Average age** in the OPI Pilot = **52 years.**

Currently, 771 people are on the waitlist for the OPI program. This number fluctuates and has exceeded 2,000 at some times this biennium.



Overview: Family Caregiver Services

The Older Americans Act (OAA) provides funding for services to family and unpaid caregivers.

- **Caregiver of older adults or those with dementia:**
 - Supports are provided to the caregiver.
- **Older relative caregiver of a child or individual:**
 - Supports are provided to the caregiver who must be age 55 or older who:
 - Is related to the person for whom they provide care;
 - Lives with the individual;
 - Provides informal care; and
 - Is the primary caregiver for a child or an individual with a disability.



Who we are serving: OAA Family Caregiver Services

Family caregiver services may include:

- Respite care (in-home respite, out of home day or overnight respite)
- Counseling
- Training
- Case management
- Support groups
- Information and assistance.

Approximately 1,500 families served by OAA family caregiver programs.



What's needed: 1115 Waiver - OPI-M and FCAP

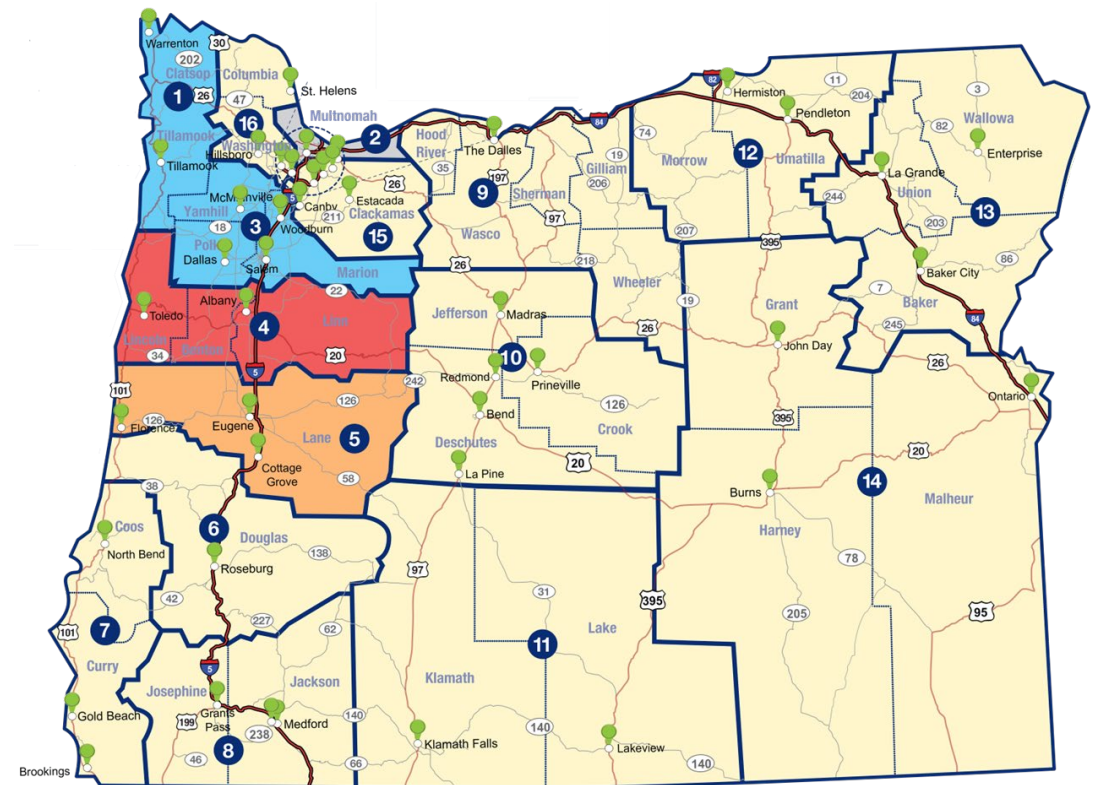
Work is underway to receive Centers for Medicare and Medicaid Services (CMS) approval to:

- **Expand Oregon Project Independence** using Medicaid (OPI-M) to serve more older adults and people with physical disabilities who require assistance with activities of daily living.
- **Create a Family Caregiver Assistance Program (FCAP)**, offering a limited, monthly benefit capped at \$500 to support family or other unpaid caregivers who care for older adults and people with physical disabilities.

In 2021-2023, APD had a \$6,284,565 investment to build local office infrastructure in preparation of the 1115 Waiver approval from CMS.

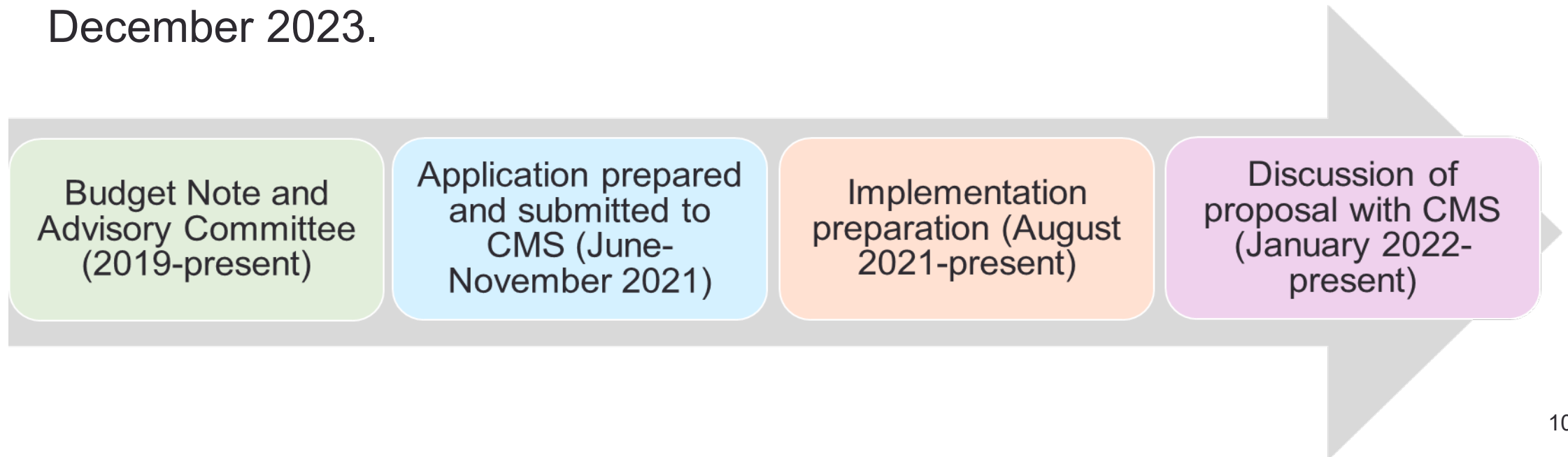
What's needed: OPI-M/FCAP system design

- In areas where the AAA manages both Medicaid Long Term Services and Supports and OAA/OPI (**Type B AAAs**), it will be fully responsible for OPI-M/FCAP eligibility and ongoing case management
- In areas where the AAA manages OAA/OPI (**Type A AAAs**), APD local offices will perform eligibility for OPI-M/FCAP and then the AAA will perform ongoing case management.
- OPI-M/FCAP budget includes funding for the AAAs and staff for **APD offices**.



The work ahead: achieving 1115 Waiver approval

- APD expected CMS approval earlier in the biennium.
- However, CMS process for addressing questions took longer than expected.
- Now, due to the Public Health Emergency unwinding and the demands from all the states, CMS will likely not make a final decision until December 2023.



The work ahead: OPI-M and FCAP positions

AAAs received funding to begin their work.

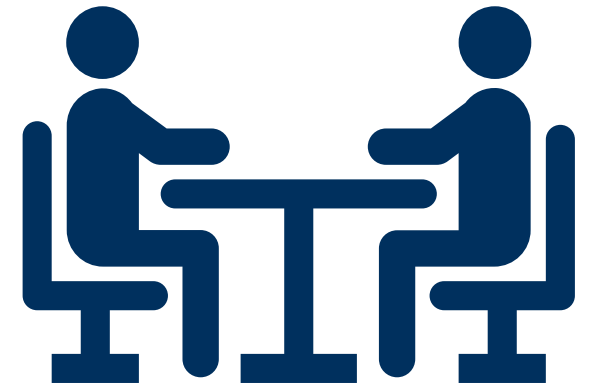
APD received **49 positions** for OPI-M and FCAP:

- **40 Human Services Case Managers**
 - 20 Case Manager positions deployed last year
 - 20 Case Manager positions being deployed this year
- 9 Human Service Specialist 3 positions
 - Five of these positions being kept for OPI-M/FCAP work.

Status of OPI-M and FCAP positions:

- **18 of 20 Case Manager** positions deployed last year are filled.
- Zero of 20 Case Manager positions deployed this year are filled (13 are under recruitment.)
- Four of the 5 Human Service Specialist 3 positions are filled.

Staff are being trained and are supporting local office backlogs while ODHS waits for final approval.



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Home and Community Based Services (HCBS) Investments



Overview: HCBS investments

The American Rescue Plan Act (ARPA) provided states the opportunity to receive a **10 percent enhanced Medicaid match** for home and community based services (HCBS).

- The general funds savings had to be reinvested into improving or expanding HCBS.
- The state had to submit a spending plan and receive CMS approval.
- The 2021 Legislature approved **more than 35 investments** within APD.
 - There were a mix of one-time investments and ongoing program changes.
 - Investments were spread over direct benefits to consumers, providers and the system overall.
- Funds must be spent by **March 31, 2025**.





Consumer Specific Investments

GrandPads

Description: GrandPad is an innovative technology designed for older adults to access telehealth services and connect with people to prevent social isolation.

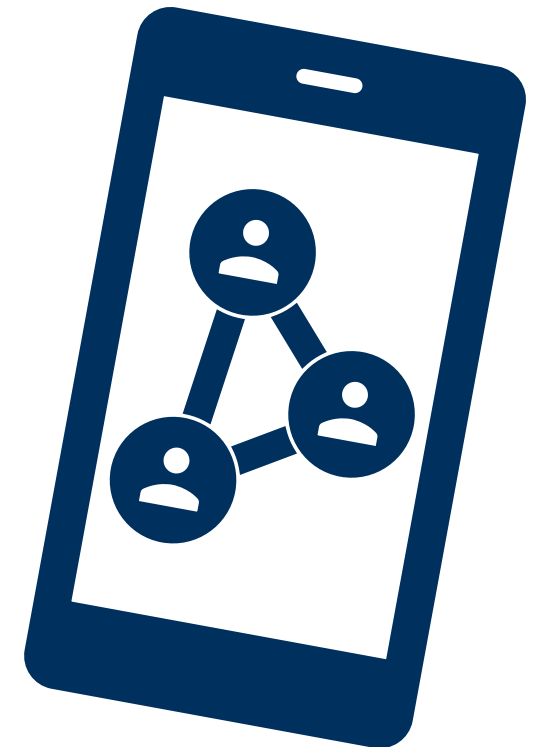
Project: Distributed GrandPads to 250 Providence ElderPlace consumers and to approximately 375 in-home Medicaid consumers.

Amount:

- \$449,821 (PACE)
- \$588,366 (In-home)

Status: Distribution to PACE consumers complete; distribution to in-home consumers on schedule.

Note: Final reports will be provided by the end of 2023. Feedback is positive. There is currently a waitlist for GrandPads in the in-home program.



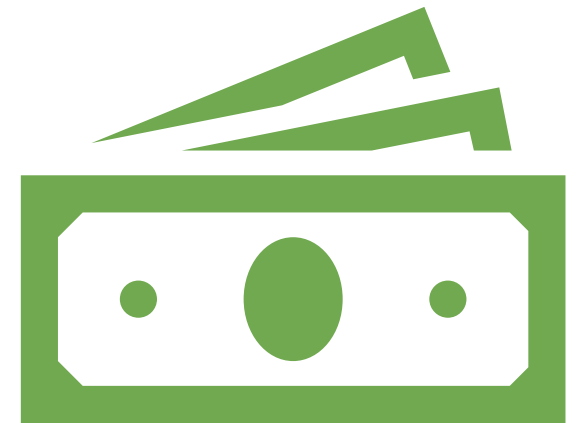
Crisis Fund

Description: APD often encounters unique situations where consumers are facing barriers to living as independently as possible. The Crisis Fund addresses unique needs that keep individuals out of crisis. APD tracks expenditures to report on the fund's usage and to monitor its need and effectiveness.

Amount: \$2 million

Status: Fund created and for use in individual cases for which no other assistance would be available.

Note: This is an ongoing investment.



Crisis Fund examples

- A consumer, who lives in a rural area, had his **pipes freeze** during a cold spell. He had no running water and no way to get out to get water. APD had a company go out, thaw the pipes, and repair the two that burst.
- A consumer was in an upstairs apartment and **no longer able manage steps**. She needed to move to a downstairs apartment, but could not afford the new deposit. APD paid the deposit and paid for movers to help.
- An 80-year-old consumer living alone in her home had her water heater go out. She was barely able to afford her **increasing utility bills**. APD was able to purchase a water heater and install it so she could stay in her home.



Eliminate consumer contribution for in-home services

Description: In-home consumers were allowed to keep up to \$1,294 per month. Any income above that amount had to be contributed towards the cost of services. This initiative removed these costs for in-home consumers completely so that they could afford to stay in their own home and meet rising costs.

Amount: \$5 million

Status: Fully implemented on January 1, 2022.

Note: This is an ongoing investment.



Expand Money Management Program

Description: For many years, APD has used general funds to support individuals who are no longer able to safely manage their money. The ARPA funding will be used to expand the Oregon Money Management Program to assist more individuals and to phase in using Medicaid match funding.

Amount: \$2,204,133

Status: This project is fully implemented with additional funds provided to local Oregon Money Management Programs and the transition of their Medicaid eligible individuals to Medicaid funding rather than state general fund is in process.

Note: This is an ongoing investment.



State plan personal care for DeafBlind consumers

Description: A DeafBlind individual may have the skills to be independent in their own home which makes them ineligible for Medicaid supports. However, when they are outside of their home they may need additional support due to the complexities and hazards of the world outside of their home. Based on feedback from the Oregon Deaf and Hard of Hearing Services Advisory Committee, the decision was to use half the funds through Medicaid and half the funds through a general funded contract.

Amount: \$2,846,233

Status: Medicaid portion is complete. The contract for non-Medicaid services is in process.

Note: This is an ongoing investment.

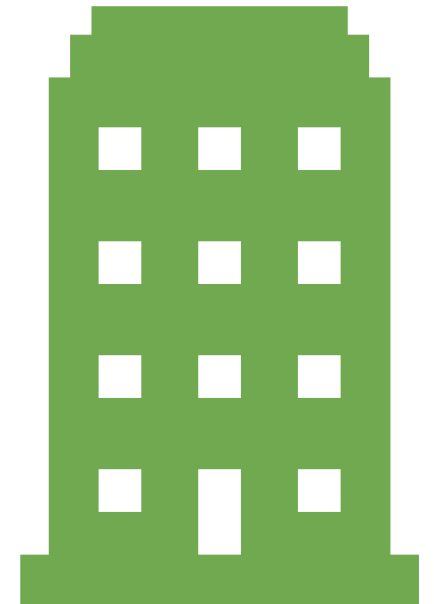
Housing support

Description: Housing for individuals receiving APD services continues to be a barrier to helping individuals transition from more expensive care to homes of their own. While APD cannot pay rent or subsidize direct housing, APD can provide supports to individuals who need assistance in finding and maintaining housing.

Amount: \$1,363,901

Status: Project initiated and staff are being hired to assist APD consumers with housing needs.

Note: This is an ongoing investment.



In-home consumer isolation prevention

Description: Older adults and people with disabilities are at a high risk of being lonely and socially isolated. Social isolation has negative health consequences. This program is intended to develop new ways to address social isolation for Medicaid eligible individuals living in their own home.

Amount: \$9,445,296

Status: Initiative is on hold due to workload. This initiative will be started in July 2023.

Note: This is an ongoing investment once initiated.

Support for home delivered meals

- APD received **\$2 million from Coronavirus State and Local Fiscal Recovery Funds (SLFRF)** for home delivered meals.
- APD provided the funds to the Area Agencies on Aging to increase the availability of home delivered meals.
- APD also provided funds to Tribal meal programs for the first time.





Delivery System Investments

Equity related: pay for performance

Description: Provided funding for performance based payments for PACE organizations that meet service equity performance metrics.

Amount: \$2,498,115

Status: Contracts in place and payments are being made quarterly when targets are met.

Note: This is a permanent part of the contract.

Description: Established a performance based contracting fund for Area Agencies on Aging (AAAs) that meet certain metrics in terms of criteria for quality and quantity in service equity goals and workforce diversity.

Amount: \$2.5 million

Status: Contracts executed and work is in progress with funding support.

Note: This is an one-time investment.

Grants to improve local programs for older adults

Description: Provided grants (up to \$50,000 each) to senior centers to improve and modernize their transportation services.

Amount: \$8,750,000

Status: Round 1 Grants awarded. Round 2 will be late summer 2023.

Example: Hood River Valley Adult Center bought an accessible van. The community is excited and utilizing it a lot for social outings and to transport people to doctors in Portland.

Note: These are one-time investments.

Description: Provided grants of up to \$25,000 to congregate meal sites to help modernize infrastructure at each congregate meal site.

Amount: \$3,125,000

Status: Round 1 Grants awarded. Round 2 will be late summer 2023.

Example: Douglas Co AAA applied as lead for a meals grant coalition. They supported 7 congregate sites across rural Douglas Co. with upgrades of appliances, steam tables, serving carts, tables, etc. Sites ranged from Glendale to Reedsport.

Note: These are one-time investments.

Long-Term Care Capital Improvement Fund

Description: There are ongoing concerns that long-term care facilities require infrastructure and capacity improvements, but these upgrades are unaffordable for many providers.

This program funded projects to keep residents safe and help create well-paying jobs, with infrastructure upgrades including:

- HVAC and air quality systems
- Backup power sources
- Room reconfiguration to improve infection prevention
- Building automation for remote systems control and safety programs for fall detection
- Seismic upgrades
- Virtual visit technology

Amount: \$17 million

Status: Contracts in effect and APD is monitoring progress.

Note: These are one-time investments.



Innovation Fund

Purpose: Grants to community-based organizations to propose innovative projects to improve services to older adults and people with disabilities. At least two-thirds of the funding go toward projects that promote equity and culturally-responsive services in the long-term services and supports system.

Amount: \$3 million

Status: Grants awarded to 13 organizations. Projects are funded through 2023.

Examples:

- Provided funding to the African Family Holistic Health Organization to establish a Community-Based Informed Health Program (CBI-HP). The CBI-HP is informed by CAPABLE, a theory evidence-based practices to facilitate older adults aging at home.
- Provided funding to Community Action Program of East Central Oregon to expand options counseling and information and assistance service to individual living in rural Oregon.

Note: These are one-time investments.

APD case manager support

Description: Convert all in-person trainings to online so that new case managers, and those that need a refresher, can immediately access training.

Amount: Online training and support - \$500,000.

Status: Conversion of in-person to online training and support in process and should be done by fall 2023.

Note: This is a one-time investment.

Description: Host the first statewide case management conference in more than 15 years to provide support and training for case managers who have borne the brunt of COVID.

Amount: Case Management Statewide Conference: \$150,000.

Status: Conference is scheduled for June 2023.

Note: This is a one-time investment.

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Workforce Related Investments



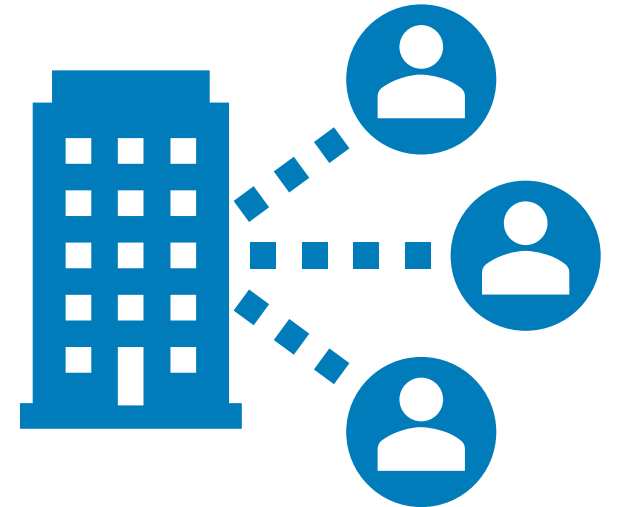
Overview: Workforce related investments

The 2021 Legislative appropriated funding from:

- ARPA Maintenance of Effort (MOE)
- State and Local Fiscal Recovery Fund (also part of ARPA)
- State General Funds.

Funding was also provided in the 2022 session and E-boards throughout the interim.

The following slides discuss the largest projects associated funded through those appropriations.



Workforce related studies

Description: This funding supported the Workforce Development and Training Report to determine the current state of long-term care facilities in Oregon. The Cost and Wage study fulfills requirements of SB 703 (2021) and provides recommendations for what it would look like to create a pathway to prevailing wage-like structures for the long-term care industry. APD contracted with PSU to conduct both studies.

Amount:

- Workforce Development and Training Report: \$500,000
- LTC Cost and Wage Study: \$300,000

Fund Source: ARPA MOE

Status: Both studies are complete.

PHI: PHI conducted a direct-care workforce policy scan and analysis. Research findings, including a list of four to seven evidence-informed policy recommendations to strengthen and stabilize the direct care workforce recruitment and retention in Oregon, were presented to APD leadership and community partners.

Amount: \$11,000

Fund Source: ARPA MOE

Status: Study is complete.



Long-term care workforce recruitment

Description: APD is investigating methods to recruit and match applicants and long-term care facilities. The initial concept proposed contracting with Connect to Care Jobs. However, due to the costs associated with that program, APD decided to research other options. By summer 2023, APD will have a recruitment tool available for long-term care facilities.

Amount: \$236,017

Source: ARPA MOE

Status:

- A Public Affairs Specialist has been hired;
- The use of Connect to Care Jobs as a registry source has not been decided.
- Project should be implemented in summer 2023.

Note: This is one-time funding.

Description: Gerontological nursing certification scholarship program and expansion of long-term care facility clinical sites for University of Portland nursing student trainees. Clinical sites were selected December 2022.

Amount: \$1.2 million

Source: State GF (SB 5529)

Status: Clinical sites were selected December 2022. Interested sites indicated how many students could be assigned and the number of preceptors at the RN level. APD expects the project to run through 2024.

Note: This is one-time funding.

Workforce recruitment – RISE Partnership

Description: RISE Partnership Certified Nursing Assistant (CNA) Apprenticeship Training Model through SEIU Long Term CareWorks invests in workforce pipeline development by providing career coaching, wraparound services, stipends, and job placement and supports for newly trained CNAs.

Amount: \$5 million

Source: State GF (SB 5529)

Status: Since April 2022, apprentices have progressed through state-required instruction. There are 85 individuals in process, and ten have graduated. Starting April 2023, 40 individuals will be enrolled in Portland and Eugene.





Workforce Well-being

Provider and direct care workforce well-being

Oregon Center for Nursing (OCN)

Description: Mini-grants to improve health and well-being for direct care workforce in community-based and long-term care settings.

Amount: \$500,000

Source: State GF (SB 5529)

Status: OCN is providing additional time and assistance to ensure that long-term care facilities engage in this opportunity.

OHSU ECHO Network LTC Learning Collaborative

Description: Collaborative effort with Oregon Rural Practice-Based Research Network at OHSU to promote organizational change for employee well-being in long-term care facilities.

Amount: \$279,000

Source: State GF (SB 5529)

Status: Registration went live in January 2023. As of March 24, 41 people have registered to attend. First session will begin in April 2023.

APD staff workforce well-being

Description: APD's workforce has been under great strain during COVID and all the natural disasters facing Oregon over the last few years. Recruitment and retention are ongoing problems. To address retention and well-being, APD will test two initiatives to determine if they have the desired impact.

- **A Happy Brain Science:** pilot to support internal workforce resilience and well-being needs.
- **A Human Workplace:** virtual sessions to promote employee well-being learning and support options to bolster the mental and emotional health and wellness of team members.

Amount: \$12,000 for each initiative.

Source: State GF (SB 5529)

Status: APD is finalizing the contracts and should initiate the pilots in late spring 2023.





Provider and Caregiver Training

Caregiver training

Description: Oregon Care Partners (OCP) develops and provides statewide training for caregivers. ODHS funded additional training modules and launched a workforce navigator service for both connecting working, new and potential caregivers with resources, information, and pathways for careers and career growth in long-term care. Additionally, it will provide required training and continuing education so workers can start work as soon as possible or proceed on their career path.

Amount: \$1,475,000

Source: State GF (SB 5529)

Status: Contract is executed and OCP is delivering the training. As of December 2022:

- 13,784 have completed the Pre-Service Infection Prevention and Control online training
- 950 have completed the Infection Control Specialist online training

Service equity training for long-term care

Description: Allocate funds to support training development and delivery for Long Term Services and Supports (LTSS) providers on service equity.

Amount: \$500,000

Status: APD contracted with the Oregon Health Care Association who has provided training at their annual conference in 2022, through a series of webinars, quality summits, lunch and learns and leadership academies. Additional activities are scheduled through 2023.

Note: These are one-time investments



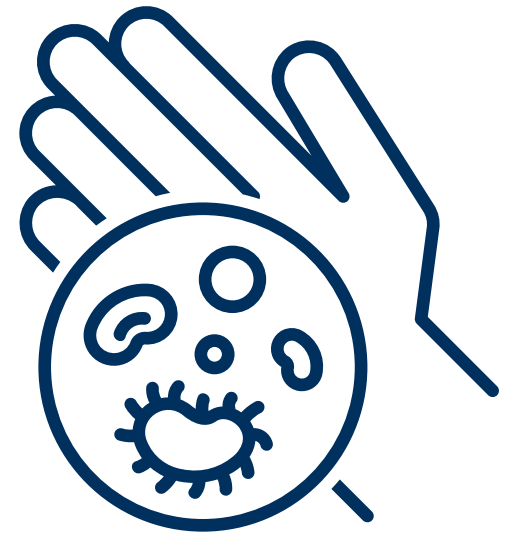
Online infection control training

Description: Develop high quality, evidence-based infection prevention and control training curriculum accessible to community-based care facility staff at no cost to assure staff competency in infection prevention and control practices. This investment would fulfill the requirement for APD to make available online pre-service staff training required by HB 2600 (2019). It would also support advanced training curriculum for the facility-designated infection control point person. This position and specialized training are mandated requirements in HB 2600.

Amount: \$500,000

Source: ARPA MOE

Status: Initiative complete.





Rates, Wages and Benefits

Adult Day Service incentives

Description: Provide start up costs not to exceed \$100,000 to develop more adult day centers in Oregon.

Amount: New Provider Incentive: \$1,000,000

Source: ARPA MOE

Status: Request for proposals underway for grants for new centers.

Note: This will be a one-time investment.

Description: Provide a \$500 per participant fee to Adult Day Service providers to help with restart of programs.

Amount: Restart existing programs - \$150,000

Source: ARPA MOE

Status: Funds disbursed for existing Adult Day Service providers to restart their programs.

Note: This was a one-time investment.

Wage add-on program

Description: Establish a performance-based contracting fund to incentivize community-based care to achieve quality, staffing and compensation benchmarks jointly established via an engagement process.

Providers were required to pay at least \$15.50 per hour (nursing facilities were required to pay at least \$17.50 per hour) to receive a 10 percent increase in their rate.

Amount: \$20 million

Status: Wage add-on payments are effective October 1, 2021 through June 30, 2023.



Homecare worker investments

Payments to Homecare Workers

Description: Provide a one-time payment of \$500 for any Homecare Worker who worked between March 1, 2020 and February 28, 2021, and enhance the Homecare Worker bargaining pot.

Amount:

- One-time payment: \$44,558,912
- Enhanced bargaining pot: \$59,676,111

Status: This is complete.

Enhanced Homecare Worker Services and Benefits

Description: Enhance services, benefits and training opportunities available to Home Care Workers. This investment is administered via the joint trust with benefits authorized by board.

Amount: \$18,676,000

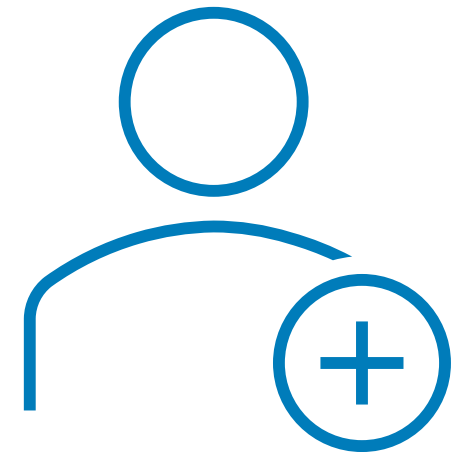
Status: The project is complete.

Seed funding for Direct Care Worker Trust

Description: Following SB 800 (2021), this investment provides seed funding toward a new healthcare trust for long term care workers. The intent is to create a self-insured healthcare plan that would provide better quality care for workers. Providing this initial seed money would encourage employer-employee partnerships to jointly find ways to incentivize quality and workforce retention.

Amount: \$10 million

Status: Nursing facility portion of this project is complete. The project will expand to community-based care (CBC) spring 2023.



Adult foster home investments

Description: Provide a one time payment of \$1,000 per resident to any adult foster home who served residents between March 1, 2020, and February 28, 2021.

- **Amount:** \$10,285,000
- **Status:** Investment complete.

Five percent COVID enhanced rate for adult foster homes

- **Description:** Provide a 5 percent COVID enhanced rate increase to adult foster homes from July 1, 2021 through March 31, 2022.
- **Amount:** \$4,398,933
- **Status:** Investment complete.

Enhance adult foster home bargaining pot

- **Description:** Enhance the adult foster home bargaining pot by an additional \$5 million.
- **Amount:** \$5 million
- **Status:** Rates implemented.

Community based care investments

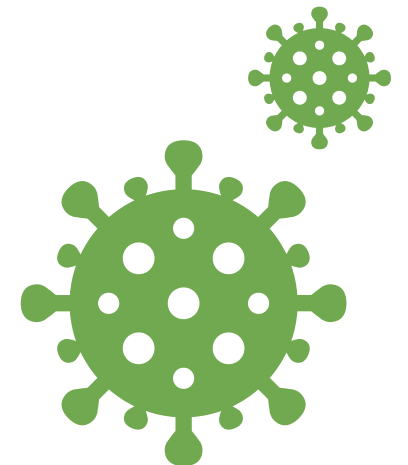
Five percent COVID differential

Description: Provide a 5 percent COVID differential to assisted living facilities, residential care facilities, memory care-endorsed facilities, and in-home agencies effective July 1, 2021, through March 31, 2022.

- **Amount:** \$17,406,835
- **Status:** Funding disbursed.

Five percent temporary rate increase

- **Description:** Provide a 5 percent rate increase to assisted living facilities, residential care facilities, memory care-endorsed facilities, and in-home agencies effective July 1, 2021, and July 1, 2022.
- **Amount:** \$72,028,794
- **Status:** Funds in progress in being disbursed.



Other provider capacity initiatives

Distressed Provider Relief Fund

Initiative Intent: APD awarded a total of \$4 million in Distressed Provider Relief Funds to a total of 12 community-based care providers during 2022.

Round 1: \$2.5 million- General Fund/2022 Budget Note.

Round 2: \$1.5 million- September Emergency Board.

Initial funds were fully expended in 2022. Additional funds were provided by the 2023 Legislature and will be spent soon.

Nurse Crisis Team

- The Nurse Crisis Team (NCT) staffing support model was established in August 2021.
- NCT has been an essential support measure for Oregon LTC facilities with severe staffing shortfalls and chronic workforce instability.
- Early focus was on hospital decompression and safety/COVID response.
- In summer 2022, NCT shifted to support facilities with longer-term solutions such as workforce support, development and retention.
- Contract oversight shifted to ODHS in April 2022.
- April 1, 2022 – June 1, 2023 Budget: \$29,656,673.

Discharge Incentive Payment Program (DIPP)

The DIPP initiative provides incentive payments to long-term care settings that accept patients discharged from hospitals, a tool to assist with hospital decompression.

Phase 1: Payment of \$10,000 to adult foster homes (\$3,500 on admission; \$6,500 after 90 days)

- January-March 2022, during which 264 placements were made.
- Total expenditures: \$2,594,000.

Phase 2: Payment of \$5,000 to assisted living, residential care or adult foster homes from discharge of a hospital or skilled nursing facility.

- November 2022-April 2023, during which providers have received full payments for 264 admissions.
- Total expenditures to date: \$1,912,000.

The work ahead

Description: Community-Based Care (CBC) nursing education and support to improve quality and safety in CBC settings, improve nursing competency within CBC settings to appropriately care for individuals with complex needs, and increase nurse recruitment and retention through development and implementation of an online educational program (CBC Nursing Education Program).

Amount: \$3,535,000

Source: State GF (SB 5529)

Status: The contract should be posted on April 11, 2023.

Description: Increase the number of available Enhanced Care Facility beds by recruiting additional facilities and increasing rates.

Amount: \$2.3 million

Source: Emergency Board

Status: APD is developing a solicitation to create standalone enhanced care services.





Questions?
