

The Effect of Rural Hospital Closures on Emergency Medical Service Times

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Rural hospitals provide critical services to local communities.

• (Kaufman et al., 2016; McDermott, Cornia, & Parsons, 1991; Mick & Morlock, 1990; Ricketts & Heaphy, 2000)

Rates of rural hospital closures are unprecedented.

• (Kaufman et al., 2016; Office USGA, 2018; Mullens, 2023)

Rural hospital closures increase distance to next nearest hospital.

• (Carson, 2011; Fleming, 1995; Reif, 1999; Rosenbach, 1995; Planey, 2023)



- Pathway #1: Hospital provided emergency medical services (EMS).
 - Direct impact on access to services
 - Longer times driving to/from patients and destinations → patient outcomes (Wilde, 2013; Carroll, 2019)
- ▶ Pathway #2: Hospitals → Access to Care
 - EMS as potential substitute for non-emergent care (Goldstein, 2017 "In the Tennessee Delta, a poor community loses its hospital and sense of security)
- Pathway #3: Hospitals \rightarrow Access to Care \rightarrow Healthy population
 - Lack of access results in worse population health (Bindman, Keane, & Lurie, 1990; Fihn & Wicher, 1988; Lurie, Ward, Shapiro, & Brook, 1984; Meuleman & Mounts, 1985), resulting in higher demand for EMS



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Timeline of 9-1-1 Call

 (1) Time 9-1-1 call is made.
 (2) Dispatch notifies EMS unit of 9-1-1 call.
 (3) EMS unit is en route to the patient incidence where the 9-1-1 call was made, the scene.

(4)EMS unit arrives at the scene.
(5)EMS unit arrives at patient side.
(6)EMS unit departs scene.
(7)EMS unit arrives at destination.
(8)EMS unit returns to service,
i.e., ready to accept next call.





Hospital

Outcomes





Outcomes





Outcomes





Methods



<u>Data Sources</u>

- Centers for Medicare & Medicaid Provider of Service Files, 2010-2016
- National EMS Information System (NEMSIS)
- Area Health Resource File, Health Resources & Services Administration

<u>Sample</u>

Emergency patient encounters in NEMSIS occurring in rural counties

<u>Treatment</u>: county with a rural hospital closure

Key Points about Methods







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Baseline average response time in rural areas was **11 minutes**.

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- On average, rural hospital closures *increase*
 - Scene to patient times (steps 4-5)
 - EMS transport times (steps 6-7)

Key Results

Total activation times (steps 1-8)



Hospital







Baseline average response time in rural areas was **11 minutes**.

- On average, rural hospital closures *increase*
 - Scene to patient times (steps 4-5)
 - EMS transport times (steps 6-7)
 - Total activation times (steps 1-8)
- Rural hospital closures also have *heterogeneous effects* across the distribution of EMS system response, transport and total activation times.

Conclusions



This analysis has limitations, but also does not exist in a vacuum.

- Wilde (2013)
- Nikpay et al. (2021)
- ▶ Smith et al. (2022)

Key Take Away from this growing body of evidence: **Rural hospital closures increase EMS times on average**.



Additional Areas of Potential Interest

When Rural Hospitals Close

What's known Travel times for obtaining healthcare

resources increases

Availability of hospital and ED care decreases

Impacts are heterogenous

Community members perceived feelings of abandonment

Adverse impacts on local economies without other profitable industries

Lack of targeted RHC and FQHC development for outpatient care

Possible disproportionate impact on socially disadvantaged populations

Current knowledge gaps

Elucidate changes in access to specialty care after rural hospital closure

Assess impact of rural closure on quality and costs of access sensitive care

Understand strategies of high performing rural hospitals that have averted closure

Evaluate emerging policies targeted at mitigating rural hospital closure and its impacts

Evaluate differential impact of rural hospital closures on vulnerable populations

Policy priorities

Ensure timely access to high quality care for patients living in rural areas

Eradicate racial and ethnic disparities in access and outcomes

Minimize unnecessary patient transfer

Mitigate financial burden on patients who travel further for care

FIGURE 2 Summary of known impacts, current knowledge gaps, and policy priorities related to rural hospitals and rural hospital closures.

Mullens, CL, Hernandez, JA, Murthy, J, et al. Understanding the impacts of rural hospital closures: A scoping review. *J Rural Health*. 2023; 1-11. https://doi.org/10.1111/jrh. 12801

Thank you.

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