# House Behavioral Health Committee February 24, 2022

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### **Groups Working Collaboratively**

- We are here collectively and collaboratively, which is a first.
- We came together out of necessity.
  - ✓ Crises (pandemic, workforce).
  - ✓ Urgent opportunities (Congress passed 988 legislation).
  - ✓ Cracks becoming chasms.
  - ✓ Structure, financing, disparities, lack of integration.
- Our current situation required a different approach.
- Needed direct and candid conversations.
- We asked if people wanted to come together. To their credit, everyone said yes.



#### Who Is Involved?

- Individuals and families.
- Hospitals and health systems.
- Community Mental Health Programs.
- Adult and Youth providers.
- Payers.
- Other community-based organizations such as call centers.



#### What Guides Us

- We want timely access to behavioral health treatment.
- The "system" must be seamless for individuals and families.
- Care must be integrated and community-based. Crises must be prevented.
- The workforce must reflect the people being served.
- Behavioral health providers must receive a professional wage.
- Populations who are marginalized in health care are doubly so in behavioral health. Any solutions must address these gaping disparities.
- We are committed to meeting frequently, talking candidly, and forging compromise.



### **Workgroup Topics**

- We came together around the workforce crisis last summer, leading to HB 4004.
- We continue to meet. NAMI Oregon has hired professional facilitation that we hope to continue.
  - ✓ 988 call center and crisis response build out.
  - ✓ Children's crisis system pilot.
  - ✓ Parity in Medicaid and commercial insurance.
  - ✓ Aid & Assist and Civil Commitment.
  - ✓ Integration with focus on preventing crises and preventing high acuity.



## **Advantages to Partnership with NAMI**

- We have no financial stake in financing/structure.
  - ✓ Programs offered for free.
  - ✓ We are people with lived experience.
  - ✓ We work with all individuals and families who seek help.
- Education classes & support programs for:
  - ✓ Parents/caregivers.
  - ✓ Individuals living with mental illness.
  - ✓ Family members and friends with loved ones living with mental illness.
- Workshops and seminars for:
  - ✓ Students, educators, and parents.
  - ✓ Community groups, first responders, employers, and others.
- Resource Helpline
  - ✓ 2,000 calls/emails at state office.
  - ✓ Chapters have own resource lines.



# **Education • Support • Advocacy**

#### **Volunteer Run:**

- Central Oregon (staff)
- Clatsop Co.
- Columbia Co.
- Coos Bay
- Douglas Co.
- Eastern Oregon
- Columbia River Gorge
- Klamath Falls
- Marion/Polk Cos.
- Mid-Valley
- Southern Oregon (staff)
- Yamhill Co.

#### **Incorporated:**

- Clackamas Co.
- Lane Co.
- Multnomah Co.
- Washington Co.



# **Advantages to Partnership with NAMI**

Program Demographics		
White/Caucasian	59.10%	
Black/African American	2.80%	
Hispanic/Latinx	11.50%	
Asian/Pacific Islander	6.20%	
Native American/Alaskan	2.70%	
Other/Multiracial	9.50%	
Declined to Respond	8.20%	

- We're everywhere in Oregon, either in person or by technology.
- Program recipients and our feedback loop already reflect Oregon.

Year	Events	<b>Participants</b>
2021*	1,073	10,276
2020	1,070	9,368
2019	1,330	14,222

<sup>\*</sup> Partial data for 2021.



# Thank You!

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