- To: House Education Committee
- From: Nancy Willard, M.S., J.D. Embrace Civility. Website: <u>http://embracecivility.org</u> and <u>http://bepositivelypowerful.com</u>. Email: <u>nwillard@embracecivility.org</u>. Cell: 541-556-1145
- Re: House Bill 2697 and 2631.

Date: February 27, 2021

I have created a short video that I hope can help members of the committee and those sponsoring either HB 2697 of 2631 to better understand the issues related to reducing and effective ely responding to acts of bullying, discriminatory harassment, or bias incidents in Oregon schools to ensure that our schools are welcoming for all students.

This video is now on YouTube. You get to hear my doves in the background.

The video is at: https://youtu.be/PywtH3sacD8

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## Mental Health and Well-being

Sign-up to receive announcements and new resources!

Mental health refers to the emotional, social, cognitive, behavioral, physical and relational thriving of individuals and systems.

ODE believes that mental health is centered within a continuum of care that meets each person's needs for physical and emotional safety, security, social connection, identity, diversity and purpose.

The Safe and inclusive Schools Team leads a number of bodies of work that focus on the prevention, intervention and response to the mental health needs of school communities. These include:

- Mental Health Toolkit
  An Integrated Model for Mental and Ernotional Health
  Mental Health Guidance & Resources
- Strengthening Mental Health in Education Initiatives
  Suicide Prevention (Adi's Act)
  School Safety & Prevention System (SSPS)
  All Students Belong



