

Hello, My name is Jessica Cardinal and I am the Program Director at 4th Dimension Recovery Center in Hillsboro. I was lucky enough to get hired at 4D to help launch the new location in Hillsboro, which was our second recovery center at the time. Given that our mission at 4D is to provide recovery support services to young adults age 18-35, I felt so excited to be able to bring our services out here to a county that needed it. I truly believe every county needs a recovery center like 4D and I am feeling so grateful to be apart of this movement. One of the best components to 4D is the events we get to throw for young adults. One of the biggest barriers for people new in recovery is figuring out how to have fun while being clean. Here at 4D we get to help create that and really show young adults that they can still have fun while in recovery. Thank you for taking the time to hear my testimony.