

February 22, 2021

To: House of Oregon Congress:
RE: HB 3177
From: Barb Raines, Owner Club Fit Fitness

Dear Congress:

I am the owner of a fitness facility in Canby Oregon, the Governors shut downs have had such a negative effect on my customers, my employees, my own livelihood & the ability to continue my business. High blood pressure, diabetes and chronic disease is a high risk factor for MANY diseases and illnesses. To quarantine healthy individuals, close businesses, take away incomes and one's ability to survive has never in the history of our country been done. The vulnerable and the unhealthy need to take personal responsibility to protect themselves and ruining so many peoples jobs is without evidence and merit is criminal. Governor Brown made a decision to use Oregonians and our businesses as a tool to get power and money from the Federal Government. The extreme measures she has chosen have hurt Oregon and the recovery will be many years to come, and it appears all for control of the citizen, the very citizen who pays the bills.

I took the Oregon Health Authorities weekly report from February 18, 2021 and listed by industry the source of infection, it is quite clear that NO businesses should have been closed of any size. (included) NO businesses should be under any rules or restrictions to operate including social distancing and masks. The real problem is healthcare, nursing homes, assisted living, and like the H1N1 pandemic of 2009 that is where the focus and the restrictions should have been focused, not on general businesses, offices, homes, etc.

A study done by the University of Oregon and which can be found on the IHRSA.org website clearly shows again what our very own Oregon data shows. Businesses are NOT the problem. The restrictions we are under with social distancing, masks and the unnecessary expenses to comply are not supported by any evidence.

About our facility:

- I have spent 21 years building my business and serving my community.
- I had 10 employees & 5 contractors on March 23rd, I now have 8 employees & 1 contractor
- I had 1560 members on March 23rd, I now have 480
- My clients range in age from 12-93
- I as the owner have furloughed my salary for an entire year, I don't expect to pay myself for another year
- I have 14000 square feet with 30 foot ceilings, special air filters. We average 30 people per hour

Industry facts:

- There have been "0" cases of Covid sourced to fitness in Oregon
- Fitness is NOT recreation, it is hard work and takes a commitment. Do YOU exercise? Why or why not?
- Fitness is a health essential, citizens who practice fitness are healthy and able to fight disease better

I provide the following services as a one of a kind business in Canby:

- Cardiac, Stroke, Occupational Rehab which is done through physical therapy intake
- Medicare Provider for Fitness & Disease mobility
- General Fitness all age groups
- Nutritional Education
- Personal Wellness one on one with highly educated professionals
- Professional equipment for disease management both physical and mental

I attempted to continue with therapies and rehab during the shut downs but consumer complaints to OSHA and the OHA made it so difficult I ultimately suspended those critical activities. The threats we received from those agencies were ridiculous. The continued moving of the goal posts have made it a priority this bill be passed so that no business in OREGON is ever forced into failure again. The Governors powers are too great, we the people own our Government.

ALL businesses are ESSENTIAL, ALL jobs are ESSENTIAL, All children in school are ESSENTIAL, ALL Citizens must be heard.

COVID-19 Weekly Report

Oregon's Weekly Surveillance Summary

2-18-2021



Age

Table 2. Severity and rates of COVID-19 by age

Age group	Cases	% of total cases	Cases per 100,000	Hospitalized	% Hospitalized	Deaths	Case fatality
0-9	7,708	5.1	1,606	97	1.3	0	0.0
10-19	15,821	10.5	3,185	125	0.8	1	0.0
20-29	31,733	21.0	5,715	493	1.6	4	0.0
30-39	26,294	17.4	4,542	596	2.3	18	0.1
40-49	23,405	15.5	4,307	829	3.5	40	0.2
50-59	19,312	12.8	3,609	1,212	6.3	128	0.7
60-69	12,934	8.6	2,398	1,563	12.1	307	2.4
70-79	7,638	5.1	2,246	1,713	22.4	521	6.8
80+	5,689	3.8	3,394	1,648	29.0	1,119	19.7
Not Available	341	0.2		22	6.5	0	0.0
Total	150,875	100.0	3,561	8,298	5.5	2,138	1.4

Population
4,289,000
Death Rate

498
.0001%

1640
.0004%

.0005%

1. Population data were compiled from the 2019 Annual Oregon Population Report, which is produced by the Population Research Center, Portland State University

Workplace = 17844 Cases / 93 deaths .00002%

- Breakdown:
- Jails/correctional — 3643 Cases
 - Hospitals/clinics — 985 Cases
 - Police/State Agency — 46 Cases
 - Large Retail — 202 Cases (Costco, Kroger, Walmart)
 - * Warehouse/Manuf. — 6713 Cases²⁰
 - Restaurants — 17 Cases
 - Fitness — 0 Cases
 - Recreation — 0 Cases
 - Childcare — 162 Cases
 - Small Retail — 0 Cases
 - grocery stores — 8 Cases
 - Nursery/outdoor Distribution — 144 Cases
 - Schools: Staff — 370 Cases / Student — 363 Cases
 - * Offices all sizes — unable to determine
Private Included w/ Warehouse Manuf.