As a certified wellness counselor and EFT Practitioner, I oppose HB 2493. In 2018 I withdrew from the Master of Social Work program at PSU. I no longer wanted to become a licensed clinical social worker, mostly due to the regulation of the position and the numerous hoops and regulations to practice independently. In 2020, I found and completed a wellness counseling certification program with eCornell as well as became certified as an EFT practitioner in the McDonald Manifestation Method. I worry that the hastiness and ambiguous language of HB 2493 will limit and harm my ability to work with clients and build my practice. I also worry about the harm this will do to BIPOC practitioners that are carrying out cultural and traditional practices. While there are parts of HB 2493 that I agree with, I do not feel like there has been enough discussion nor are there things set up that need be before legislature like this is voted into place. I also feel that the public should have the ability to chose practitioners they are most comfortable and aligned with to receive services. HB 2493 may inhibit many current practitioners from maintaining their practices. I already state in my practice that I am not licensed in any way and that I cannot diagnose or treat mental illnesses, yet I do work that provides mental and emotional health care in an alternative way. I am aware of my scope of practice and do not practice outside of it, referring clients to therapists or other resources as needed. I also offer help to those that traditional therapy has helped yet not completely given the client the healing or help they wanted. My number one guiding principal is to do no harm and I work hard to provide my services in the safest manner possible. If I was to be regulated by HB 2493, I would not be able to keep practicing as I do currently though, meeting clients needs the way I do now with my counseling and EFT practice. I have worked hard to build my business, investing a lot of time, energy, and money and therefore, I do not support HB 2493.