

Dear Representatives,

Please take a moment to be here now. You have serious work to do and need to be in a clear and centered space. Do this, focus on your breathing...inhale deeply...hold it for 3 seconds...then exhale slowly and completely. Repeat four times.

OK, now that you are present, realize that licensing is not necessary for spiritual and energetic practices. They are complementary modalities to already licensed mental healthcare providers. A more viable option would be covered by LC3591 Oregon Consumer Access and right to Practice Complementary and Alternative Health Care Act, a.k.a. Safe Harbor Exemption, which is already implemented in 11 states and in the process of being implemented in many more. Save money, time, and aggravation by not re-inventing the wheel.

HB 2493 --- in part (2)(a) "Alternative well-being care" A/B/b; is an example of legislation with no understanding of what alternative care practitioners do. Many of these "alternative well-being care" practices already have specific codes of ethics. In addition, many of these holistic practices have been in place and beneficial to the communities they serve for thousands of years without being licensed or regulated. Although, I guess you could consider burning at the stake a form of regulation. In that case you need to consider including licensing the clergy, religious counseling, and confessionals.

I do not diagnose or prescribe to my clients. I state clearly in writing and verbally that I am not a mental healthcare worker. I offer non-invasive alternative healing tools for our returning veterans and their families. I also provide for Frontline Workers searching for holistic, energetic, and complementary healing. I donate ~50% of my time at no charge to the community in need. Most independent practitioners are altruistic and see their contributions as healing the collective and a calling to be of service to their community.

This bill, if passed, would impact thousands of healers and alternative health care practitioners in Oregon. The community this population serves would also be impacted, their service choices would be severely diminished because only those who can afford to keep up with the everchanging governmental regulations and costs will be able to provide for those in need. Thus hurting the very people you are sworn to serve.

I recommend killing HB 2493. And recommend considering instead, the passage of an already established alternative, the LC3591 Oregon Consumer Access and right to Practice Complementary and Alternative Health Care Act, a.k.a. Safe Harbor Exemption.

I appreciate your consideration and am sending you blessings for a divinely guided outcome.

Regards, Padraig Ansbro - MST, PMP, CSM, CH, RMT

Reiki Principles:

1. Just for today, I will not be angry.
2. Just for today, I will not worry.
3. Just for today, I will be grateful.
4. Just for today, I will do my work honestly.

5. Just for today, I will be kind to every living thing.