

I want to respectfully register my objection to the bill coming before you about instituting new rules and regulations regarding Reiki and the other alternative well-being care modalities included in the legislation.

I am not a Reiki practitioner and I only had the services of a Reiki master one time, but it was most helpful to me. I had injured both of my elbows, and it was difficult to function with pain in both arms, so I tried Reiki. After only one session with that subtle, light touch method, I experienced a relief from pain and a peaceful calm that enabled me to improve rapidly afterwards, and I was then able to do more typical exercises, like those recommended by physical therapists, to completely restore my health. Before the Reiki treatment, I could not do those exercises due to the pain.

I value both Western allopathic medical methods and alternative medical or non-invasive healing methods and believe there is a place for both kinds, and that both can be very beneficial when combined.

Instituting more regulations and legislation to govern Reiki and similar types of non-invasive services would limit the number of practitioners in our state (also increasing our unemployment numbers) and therefore limit access to these services for patients. This would be a great disservice to our state.

Since the NIH has stated that Reiki has NO harmful effects, I oppose this bill that introduces costly regulations and legislative procedures on the practice of Reiki and the other kinds of methods covered by this legislation. As your constituent, I am asking you to vote against it.